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Optimizing Regions-of-Interest Composites for Capturing Treatment Effects on Brain Amyloid in Clinical Trials

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Abstract.

Background: Pittsburgh Compound B (PiB) positron emission tomography (PET) neuroimaging is a powerful research tool to characterize amyloid evolution in the brain. Quantification of amyloid load critically depends on (i) the choice of a reference region (RR) and (ii) on the selection of regions of interest (ROIs) to derive the standard uptake value ratios (SUVRs).

Objective: To evaluate the stability, i.e., negligible amyloid accumulation over time, of different RRs, and the performance of different PiB summary measures defined by selected ROIs and RRs for their sensitivity to detecting longitudinal change in amyloid burden.

Methods: To evaluate RRs, cross-sectional and longitudinal analyses of focal regional and composite measures of amyloid accumulation were carried out on the standardized PiB-PET regional data for cerebellar grey matter (CER), subcortical white matter (SWM), and pons (PON). RRs and candidate composite SUVR measures were further evaluated to select regions and develop novel composites, using standardized 2-year change from baseline.

Results: Longitudinal trajectories of PiB4—average of anterior cingulate (ACG), frontal cortex (FRC), parietal cortex, and precuneus—demonstrated marked variability and small change from baseline when normalized to CER, larger changes and less variability when normalized to SWM, which was further enhanced for the composite in PON-normalized settings. Novel composite PiB3, comprised of the average SUVRs of lateral temporal cortex, ACG, and FRC was created.

Conclusion: PON and SWM appeared to be more stable RRs than the CER. PiB3 showed compelling sample size reduction and gains in power calculations for clinical trials over conventional PiB4 composite.

Keywords: Alzheimer's disease, amyloid imaging, brain, pons, ¹¹C-PiB

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¹Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (http://adni.loni.usc.edu/). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data but did not participate in analysis or writing of this report. A complete listing of ADNI investigators can be found at: http://adni.loni.usc.edu/wp-content/uploads/how _to_apply/ADNI_ Acknowledgement_List.pdf

INTRODUCTION

Positron emission tomography (PET) neuroimaging with amyloid ligands has allowed *in vivo* visualization of amyloid plaques, a core molecular feature of Alzheimer's disease (AD) pathology. The first amyloid tracer used in humans, ¹¹C-6-OH-BTA, conventionally known as Pittsburgh Compound B tracer (PiB) [1], shows high specificity for insoluble amyloid fibrils [2] in postmortem brain tissue and has become a powerful research tool to characterize amyloid evolution in normal aging and people affected with AD or its prodromal states.

Traditionally, the amount of amyloid plaque present is estimated by quantifying tracer signal intensity in specific regions of interest (ROIs) [3]. Specifically, these usually include the frontal, parietal, and temporal lobes, portions of occipital cortex, and striatum as well as lateral temporal and medial temporal lobes. These regions tend to show significant differences in amyloid binding between AD and healthy controls. Signal intensity within individual ROIs can vary due to the timing of the scan, the tracer load, and other factors. Therefore ROI measurements are standardized to a cerebellar (CER) reference region where amyloid accumulation is thought to be minimal [4]. Longitudinal change over time is assessed as the difference between the ROI/CER ratios over time. Thus the accuracy of longitudinal estimates of amyloid accumulation based on PiB critically depends as much on the assumption of stability of the reference region as on the selection of ROIs to reflect amyloid accumulation (or decrease in the case of anti-amyloid therapies).

There are several important sources of pre-analytical and analytical variability that can challenge the accuracy of longitudinal amyloid measurements with PiB. In this work, we focus on evaluating the stability of several reference regions to identify the one which is optimal for measuring longitudinal change in ROIs. In particular, we hypothesized that the pons (PON) might be more stable than CER, and undertook to study this structure as an alternative reference region. We also evaluated the subcortical white matter (SWM). We further studied the accumulation in various ROIs to develop novel ROI composites with improved sensitivity to capturing change in amyloid burden over time.

METHODS

Data

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (http://adni.loni.usc.edu/). The ADNI was launched in 2003 by the National Institute on Aging (NIA), the National Institute of Biomedical Imaging and Bioengineering (NIBIB), the Food and Drug Administration (FDA), private pharmaceutical companies and non-profit organizations, as a \$60 million, 5-year public-private partnership. The primary goal of ADNI has been to test whether serial magnetic resonance imaging (MRI), positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of mild cognitive impairment (MCI) and early Alzheimer's disease (AD). Determination of sensitive and specific markers of very early AD progression is intended to aid researchers and clinicians to develop new treatments and monitor their effectiveness, as well as lessen the time and cost of clinical trials.

The Principal Investigator of this initiative is Michael W. Weiner, MD, VA Medical Center and University of California - San Francisco. ADNI is the result of efforts of many co-investigators from a broad range of academic institutions and private corporations, and subjects have been recruited from over 50 sites across the U.S. and Canada. The initial goal of ADNI was to recruit 800 subjects but ADNI has been followed by ADNI-GO and ADNI-2. To date these three protocols have recruited over 1,500 adults, ages 55 to 90, to participate in the research, consisting of cognitively normal older individuals, people with early or late MCI, and people with early AD. The follow up duration of each group is specified in the protocols for ADNI-1, ADNI-2 and ADNI-GO. Subjects originally recruited for ADNI-1 and ADNI-GO had the option to be followed in ADNI-2. For up-to-date information, see http://www.adni-info.org/.

We analyzed 224 [¹¹C] PiB-PET scans of cognitively normal (NL), MCI, and AD clinically diagnosed subjects from the ADNI database. The data was downloaded from the laboratory of neuroimaging (LONI) web-site (http://adni.loni.usc.edu), in July 2011. It included 103 subjects at baseline; 19 meeting clinical criteria for AD, 65 judged to be MCI, and 19 classified as NL at the time of the first cognitive assessment. Of those 103 subjects at baseline, 80 underwent their first PiB-PET assessment at the one year visit and 39 at the two year visit. In particular, since not all subjects had PiB-PET measurements taken at the Baseline visit, in our analysis, we synchronized their clinical diagnosis to the time of first PiB-PET scan. Since six subjects initially classified as MCI progressed to dementia and three reverted to NC by the time they had their first PiB-PET scan, the clinical classification of the 103 subjects at the time of their modified baseline is as follows: 25 AD, 56 MCI, and 22 NL. This latter diagnosis is used to classify subjects in the analysis described in this article.

PiB-PET scans were administered at different sites. Information on acquisition (http://adni.loni. usc.edu/methods/pet-analysis/pet-acquisition/), pre-processing (http://adni.loni.usc.edu/methods/pet-analysis/pre-processing/, and post-processing procedures (http://adni.loni.usc.edu/methods/pet-analysis/) is

available through the LONI website. In our analysis, we used PiB-PET image data analyzed by University of Pittsburgh (U Pitt). The U Pitt data was normalized to gray matter cerebellum prior to taking the mean across each multi-plane ROI. Specifically the ROIs considered here are: 9 cortical ROIs - anterior cingulate (ACG), frontal cortex (FRC), lateral temporal cortex (LTC), parietal cortex (PAR), precuneus cortex (PRC), mesial temporal cortex (MTC), occipital cortex (OCC), occipital pole (OCP), and sensory motor cortex (SMC); 3 sub-cortical ROIs - anterior ventral striatum (AVS), sub-cortical white matter (SWM), thalamus (THL) as well as cerebellum (CER) and pons (PON). Several composites were calculated as a mean PiB uptake across specific ROIs, including a 4-region composite - PiB4 (defined by the anterior cingulate, frontal cortex, parietal cortex, and precuneus). This is the SUVR composite recommended by the ADNI PET Core for measuring amyloid accumulation [5].

Statistical analyses

Comparison of reference regions

We primarily evaluated CER and PON to assess optimal region to serve as a reference. As a secondary analysis, we also evaluated SWM as a potential reference region.

Because ADNI data was already pre-normalized to CER, we converted CER-normalized SUVRs to obtain PON-normalized SUVRs by dividing existing regional SUVR values by SUVR for Pons. This operation made values of PON equal to one and re-normalized all other regional SUVRs to PON. CER-normalized SUVRs were converted to SWM-normalized SUVRs, using the same procedure.

For a cross-sectional evaluation, boxplots were constructed for 13 regional PiB-PET SUVR measures for 8 cross-sectional cohorts (AD at baseline and year 1; MCI and NL at baseline, year 1, and year 2; and the counts of subjects observed at each time point are reported in Table 1) for the three candidate reference regions, CER, PON, and SWM. SUVR distributions were further checked for differences.

We constructed profile plots to examine longitudinal trajectories of amyloid accumulation within each

Table	1
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Number of subjects in each cohort observed at each time point				
	Baseline	Year 1	Year 2	
Cognitively normal	22	20	12	
Mild cognitive impairment	56	44	25	
Alzheimer's disease	25	16	2	
Total	103	80	39	

clinical cohort. This was done for the SUVR of each ROI and for the SUVR composite PiB4.

Summary statistics for the SUVR composite were calculated for each cross-sectional cohort, based on all the subjects available at each time point. Mean longitudinal trajectories of SUVRs and SUVR change from baseline across disease cohorts were found to be informative for further reference region evaluation.

Development of composite ROIs for tracking amyloid deposition

Cutoff thresholds for amyloid positivity for new reference regions: In our analyses, we classified amyloid pathology positive (PiB+) and negative (PiB-) subjects based on a widely-used SUVR cut-off of 1.5 for baseline measurements of CER-normalized PiB4 composite values [6], defining a subject as PiB+ if baseline PiB4, normalized to CER was greater or equal then 1.5 and PiB- if otherwise. To obtain corresponding biomarker cutoffs for the other reference regions considered (PON, SWM) the baseline PiB4 normalized to CER, and separately the baseline PiB4 normalized to SWM was regressed on the baseline PiB4 normalized to SWM was regressed on the baseline PiB4 normalized to CER.

Only subjects who met criteria for PiB+ as defined above were included in later analysis, described below. We applied reference-region-specific SUVR cut-offs to CER, PON, and SWM-normalized data separately to subset biomarker positive individuals.

Selection of ROIs for novel composite: A novel summary measure was developed by identifying the ROIs most sensitive to longitudinal change from baseline, using an approach similar to that of Raghavan et al. [12] for developing cognitive composites. The mean 2-year change from baseline was estimated by subtracting baseline SUVR from SUVR at Year 2 visit for each PiB-positive subject for whom 2-year data was available. The standardized mean SUVR 2-year changes from baseline were obtained by dividing the mean 2-year change from baseline by the corresponding standard deviation of 2-year change from baseline [12]. The above estimates of standardized mean change were based on a sample of 21 (for CER and SWMnormalized data) or 20 (for PON-normalized data) PiB-positive subjects.

Plots of standardized 2-year change from Baseline in amyloid from baseline were constructed for each of the individual ROIs and for the PiB4 SUVR composite. This allowed us to: i) Identify regions/composites sensitive to change and with low variability; and ii) Compare among CER, PON, and SWM-normalized SUVR data.

A novel PiB-PET SUVR composite was then created by evaluating the 13 regions listed above across the whole spectrum of disease severity and selecting optimal regions to be included in the composite.

We then compared the utility of this composite versus PiB4 for clinical trial settings by calculating the power to detect a hypothesized 25% treatment effect over 2 years. This was plotted as a function of a sample size comparing between composite measures across 3 normalization methods. The power calculations were based on annual measurements available during the 2year period and were done through a linear mixed effect model with random slopes for PiB4 and the proposed novel composite.

RESULTS

Comparison of reference regions

Table 2 showed some baseline characteristics of the three subject populations: NL, MCI, and AD. There was no significant difference in age and proportion of women between three groups. AD appeared the most severe in terms of all cognitive measures listed in Table 2.

Figure 1a-c showed boxplots of ROIs referenced to CER, PON, and SWM, respectively. The boxplots in Fig. 1a indicated that the majority of ROIs normalized to CER yielded a pattern where amyloid apparently increased within the region with the increasing severity of the disease (NL<MCI<AD). This pattern was seen for all regions and was consistent with the expectation that amyloid burden increased with increasing severity. However, for the two regions, PON and SWM, both of which should be relatively unaffected by amyloid deposition, a counter-intuitive patterns was noted. In those two regions, when referenced to CER, amyloid burden decreased with increasing disease severity (AD<MCI<NL).

Similarly, the boxplots in Fig. 1b showed the corresponding boxplots for ROIs normalized to PON. Unlike the counter-intuitive pattern noted above for PON and SWM normalized to CER, we noted here that CER normalized to PON followed the expected pattern, i.e., amyloid deposition increased with increasing disease severity (NL<MCI<AD). Further, SWM normalized to PON stayed relatively constant across time and clinical subgroups, in contrast to its behavior when normalized to CER.

In the same fashion, the boxplots in Fig. 1c revealed that amyloid burden in CER increased with increasing disease severity when normalized to SWM (NL<MCI<AD). However, PON normalized to SWM stayed relatively constant across time and disease severity unlike its behavior when normalized to CER.

One explanation for these findings is that the CER may have more of amyloid uptake than previously thought. The behaviors of SWM and PON normalized to CER could diverge from other ROIs if these two regions have little or no amyloid and if the CER is in fact accumulating amyloid over time. Note that this was borne out by the corresponding increase in CER amyloid burden with increasing disease severity when normalized to PON, assuming that the PON amyloid burden is stable across the evolution of the disease.

The plots of longitudinal trajectories of PiB4 in Fig. 2 demonstrated marked variability at an individual level for CER, PON, or SWM reference region. Although there was some overlap between the clinical cohorts, the overall pattern of baseline distributions confirmed the expectations with NL having the lowest and AD the highest baseline PiB4. The broadest distribution of baseline values was seen in the MCI group regardless of reference region used.

The plots in Fig. 3a–c showed the mean and 95% confidence interval of PiB4 at each time-point for each clinical cohort (NL (green), MCI (yellow), AD (red))

Baseline characteristics of NL, MCI, and AD cohorts						
	NL	% NL missing	MCI	% MCI missing	AD	% AD missing
n	22		56		25	
Gender, % female	36.7		35.7		32	
Age, mean (SD)	75.7 (6.1)		74.5 (7.6)		74.2 (8.6)	
ADAS-Cog 13, mean (SD)	7.5 (4.5)	4.5	17.5 (7.7)	0	27 (6.9)	16
MMSE, mean (SD)	28.8 (1.3)	0	27.3 (2)	26.8	22.8 (3.1)	20
CDR-SB, mean (SD)	0.2 (0.3)	9.1	1.9 (1.2)	26.8	5.3 (2.4)	20

Table 2

NL, cognitively normal subjects; MCI, mild cognitive impairment patients; AD, Alzheimer's disease patients; ADAS-Cog 13, Alzheimer's Disease Assessment Scale-Cognitive 13 items; MMSE, Mini-Mental State Examination; CDR-SB, Clinical Dementia Rating-Sum of Boxes; n, number of subjects; SD, standard deviation.

for CER (Fig. 3a), PON (Fig. 3b), and SWM (Fig. 3c) reference region for PiB-positive and PiB-negative subjects (biomarker threshold derivation for PON and SWM will be discussed below). Since there were only 2 PiB+AD subjects at Year 2, 1 PiB-AD subject at Year 1, and no PiB- AD subjects at Year 2, two-year PiB4 mean trajectory could not be fully captured for PiB+ AD cohort and could not be displayed at all for PiB-AD group. Note that the unavailability of AD subjects at 2 years was not purely drop-out related. The AD cohort was planned to be followed for 2 years initially. After we redefined our baseline according to the first PiB-PET scan available, we shifted 2 year observations to the earlier time points. Similarly, the plots in Fig. 3d-f showed mean and 95% confidence interval for changes from Baseline for CER, PON, and SWM, respectively, split by biomarker baseline status. The PiB+ group means revealed patterns as expected, with AD displaying the overall highest group mean PiB4 at any time point, NL the lowest and MCI an intermediate level for all reference regions. The variability was quite large at each time point, especially in CER-normalized settings. PiB- cohorts exhibited much lower mean levels of PiB4 over time with noticeably reduced variability compared to their respective PiB+ group. In agreement with Jack's hypothetical model of dynamic biomarkers of AD [10], 1-year rate of amyloid accumulation is higher at cognitively normal stage compared to MCI for CER and PON biomarker positive group. However, changes from baseline are much more variable for amyloid positive subjects, normalized by CER compared to PON at one and two years (Fig. 3e, f). PiB+ subgroup exhibited different trend with MCI subjects having larger one and two-year changes from baseline than NL subjects when normalized to SWM (Fig. 3d). There was a noticeable increase in amyloid accumulation over time marked with high variability in both NL and MCI PiB- subjects when normalized to CER. Biomarker negative group looked as expected at two years when normalized to PON or SWM with very small variability and almost no gain in amyloid. Thus, there may be a slight advantage to using PON or SWM as a reference region compared to CER based on the expected directionality and, most importantly, reduced variability of amyloid accumulation.

Cut-off thresholds for amyloid positivity in new reference region

In order to estimate a cut-off for biomarker positivity/negativity, we performed linear regression analysis of PON-normalized and SWM-normalized PiB4 on CER-normalized PiB4 baseline data (Fig. 4a, b). Based on CER-based cut-off of 1.5, the cut-off values for PON and SWM were estimated to be 0.84 and 0.86, respectively.

After applying the new cut points, disagreement between PON and SWM versus CER biomarker classification was 2% and 4%, respectively. Only two MCI subjects who were classified as biomarker-positive at baseline based on CER-normalized PiB4 measure were classified as biomarker-negative by PON-normalized 4-region average (Fig. 4a). The same two MCI subjects were classified as biomarker-negative by PiB4 normalized to SWM also. There were two more MCI subjects who were classified as biomarker-negative at baseline by PiB4, normalized by CER, and classified as biomarker-positive at baseline based on the PiB4-SWM cutoff (Fig. 4b). The small classification error rates suggested that PON or SWM-normalized baseline data is consistent with CER-normalized baseline data in terms of biomarker classification. From this perspective, PON, SWM or CER were all potential candidates to serve as a reference for screening in a clinical trial.

Novel composite ROIs for tracking amyloid deposition

To visualize the relationship between average amyloid accumulation and its variability we plotted the Mean/Standard Deviation (SD) against SD for 2-year change from baseline for the biomarker-positive group for each brain region for CER, PON, and SWMnormalized data (Fig. 5). In this subgroup there were 21 2-year completers for CER and SWM-normalized data and 20 for PON-normalized data. About 70% of PiB-positive subjects were MCI.

PON-normalized ROIs had the highest standardized changes from baseline and appeared to be less variable, followed by SWM, with CER-normalized ROIs having the least standardized changes from baseline and the highest standard deviation.

The specific ROIs within each group with the largest standardized change from baseline were: LTC, ACG, and FRC. PAR and PRC had moderate change from baseline and the highest variance regardless of the reference region, which made them unappealing to be included in a composite.

Based on this we calculated a novel composite measure of amyloid accumulation, PiB3, comprised of the average SUVRs of LTC, ACG and FRC, and compared it to PiB4. Based on the observed regional behavior from Fig. 5, we hypothesized that PiB3 would be a



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Fig. 1. (a) Boxplots of regional SUVRs, normalized to cerebellum. b)Boxplots of regional SUVRs, normalized to pons. c) Boxplots of regional SUVRs, normalized to subcortical white matter. (referenced to CER, PON, and SWM, respectively) show panels of boxplots of SUVR for each ROI (as labeled), group, and timepoint (NL (green) at baseline (A), Year 1 (B), and Year 2 (C); MCI (yellow) at baseline (D), Year 1 (E) and Year 2 (F); and AD (red), at baseline (G) and Year 1 (H). In each plot, for each disease stage (from Cognitively Normal to AD) the 50th percentile of the boxplot traces the trend of a particular region during the observation period.

better composite measure to track amyloid deposition than PiB4 because it consisted of three regions that had the largest standardized change from baseline and appeared to be less variable compared to the rest of the regions.

Power calculations were carried out to determine how much reduction in sample sizes could potentially be achieved using improved reference regions and novel composite SUVRs. Figure 6 shows the plot of statistical power as a function of sample size for a clinical trial with 25% treatment effect for two composite measures: PiB3 and PiB4, for each of the three reference regions: CER, PON, and SWM. Mixed model was used for power calculations based on 2-year longitudinal data available for PiB+ subjects for CER, SWM, or PON-normalized data.

Novel composite PiB3 performed better than PiB4 across all three reference regions. The smallest sample sizes were noted for PON-normalized data. Assuming 25% treatment effect, the PiB3 PON-normalized SUVR would require 349 subjects per arm, 391 subjects with SWM-normalized, and 1407 with CER-

Table 3

Average sample size reduction achieved with normalizing to alternative RRs (PON and SWM, in columns) compared to CER (in rows) for conventional PiB4 and novel PiB3 composites when detecting 25% treatment effect in a two-arm parallel designed clinical trial. Sample sizes were calculated using mixed model with random slope analysis

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	PiB4(PON)	PiB4(SWM)	PiB3(PON)	PiB3(SWM)
PiB4(CER)	76%	77%	85%	83%
PiB3(CER)	N/A	N/A	75%	72%
N/A, not app	plicable.			

normalized data to achieve 80% power to detect at a p < 0.05 level. Table 3 indicated that the average sample size reduction with either PON or SWM RR compared to CER is about 76% for conventional PiB4 composite. By using novel PiB3 composite further improvement in sample size reduction is possible with additional 10% saving. Two-sided *t*-test based power analysis was also performed using 2-year completer's data, which revealed consistent with the mixed model approach sample size reduction results.





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Fig. 3. (a) PiB4: Mean \pm 2*Standard Error for PiB+ (left) and PiB-(right) subgroup (top panel, CER-normalized). (b) PiB4: Mean \pm 2*Standard Error for PiB+ (left) and PiB- (right) subgroup (middle panel, SWM-normalized). (c) PiB4: Mean \pm 2*Standard Error for PiB+ (left) and PiB- (right) subgroup (bottom panel, PON-normalized).



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Fig. 3. (d) PiB4 change from baseline: Mean ± 2 *Standard Error for PiB+ (left) and PiB- (right) subgroup (top panel, CER-normalized). (e) PiB4 change from baseline: Mean ± 2 *Standard Error for PiB+ (left) and PiB- (right) subgroup (middle panel, SWM-normalized). (f) PiB4 change from baseline: Mean ± 2 *Standard Error for PiB+ (left) and PiB- (right) subgroup (bottom panel, PON-normalized).



Fig. 4. (a) (left), (b) (right). Linear regression of (a) baseline PON-normalized PiB4 on baseline CER-normalized PiB4; (b) baseline SWMnormalized PiB4 on baseline CER-normalized PiB4. Symbols in a legend correspond to baseline biomarker classification, based on CERnormalized PiB4 measure, and "+" and "-" denote biomarker positivity and negativity respectively.

DISCUSSION

Working on both aspects of the SUVR composites, the denominator and the numerator, we found a potentially better reference region and SUVR composite from multiple perspectives: directionality, mean changes from baseline, while achieving consistent screening cut-offs. We evaluated the pons as an alternative reference region for normalizing amyloid-tracer signal intensity in standard ROIs, finding that the pons is consistently more stable than the cerebellum gray matter from multiple perspectives First, individual and group mean PiB4 SUVRs display lower variability at baseline and over time for the various clinical cohorts considered (NL, MCI, and AD) when normalized to pons or subcortical white matter versus cerebellum [7, 8]. Additionally, and compellingly, the pattern of increasing amyloid accumulation with increasing disease severity for pons or subcortical white matternormalized ROIs was consistent with expected trends of amyloid accumulation. At the same time, the lack of change in PON and SWM with disease severity suggests that they do not accumulate significant amount of amyloid. As noted earlier, the pattern of increasing amyloid accumulation with increasing disease severity was violated for cerebellum-normalized pons and subcortical white matter regions. This pattern would be manifested only in ROIs where amyloid accumulation fell below the reference ROI, leading the SUVRs for these ROIs to decrease with time and with increasing disease severity.

Subcortical white matter and pons, which should have minimal degrees of amyloid deposition in subjects ranging from normal cognition to mild AD dementia, nonetheless had binding in excess of that seen for the cerebellum. This is may result from binding of the ligand to other elements in myelinated white matter. When either of these regions was referenced to the other, binding appeared to be stable within and across disease cohorts over time, whereas binding increased in regions that are known to accumulate amyloid. The explanation for the decreases in SUVR in PON and SWM when normalized to cerebellum could be explained if the cerebellum is accumulating amyloid and driving down the SWM SUVRs as a result. Given the importance of a stable reference region in order to detect small changes in cortical amyloid, it is critical to identify regions with little or no amyloid accumulation to serve as reference regions. Although the SWM and the PON both appeared to be good candidates in our analyses, the development of novel tracers with increased binding to non-amyloid structure in SWM [9] may make the pons a better alternative reference region, provided that pons is relatively spared from non-specific uptake.

Conventional cut-offs to demarcate amyloidpositive from amyloid-negative have been developed using cerebellum normalization. We proposed to



Fig. 5. Standardized mean 2-year change from baseline versus standard deviation of 2-year change from baseline in PiB positive completers. For 13 ROI and 2 composites standardized 2-year differences from baseline versus standard deviations in change were plotted for PON-normalized data (in green), for SWM-normalized data (in orange) and for CER-normalized data (in pink) (see legend for color-coding). The following abbreviations were used in the plot : ACG (Anterior cingulate), FRC (Frontal cortex), LTC (Lateral temporal cortex), PAR (Parietal cortex), PRC (Precuneus cortex), MTC (Mesial temporal cortex), OCC (Occipital cortex), OCP (Occipital pole), SMC (Sensory motor cortex), AVS (Anterior ventral striatum), SWM (Sub-cortical white matter), THL (Thalamus), CER (Cerebellum), PON (Pons), PiB4 (average of Anterior Cingulate, Frontal Cortex, Parietal Cortex and Precuneus), and PiB3 (average of Anterior Cingulate, Frontal Cortex, Lateral temporal cortex). Overall performance (in terms of the change from baseline and variation) between 3 reference regions was visualized through the font size (better performance was represented by a larger font size etc.).

use linear regression to translate established and widely-used CER-based cut-offs into PON or SWMnormalized settings. PiB4-based biomarker subject classification for both PON and SWM-normalized data was consistent with CER-normalized data classification. This provides support for the newly-defined biomarker cut-offs of 0.84 and 0.86 for PON and SWM-normalized data respectively. It also makes the two alternative reference regions appealing to use as a screening criterion for a clinical trial.

We employed standardized 2-year changes from baseline for individual ROIs to identify a novel composite that would be most sensitive to change. Based on sample size comparison for different power, we demonstrated that a novel composite PiB3 comprised of anterior cingulate, frontal cortex, and lateral temporal cortex may be more sensitive than the standard PiB4 composite. Moreover, choosing a right reference



Fig. 6. Plots of statistical power as a function of sample size per arm to detect 25% treatment effect in a two-arm parallel design clinical trial for PiB-positive subjects for PiB3 and PiB4 composite measures, normalized to CER, SWM, or PON.

region was especially important for sample size. Significant sample size reduction (70%) could be reached with the use of one of the alternative RRs instead of CER, and additional 10% reduction was achieved with the novel PiB3 composite. The benefit of a sample size reduction did not depend on the method used for sample size calculation.

In summary, because SUVR are ratios, careful attention must be paid to both numerator and denominator as they can both substantially impact sensitivity to change for an ROI. Assuming longitudinal stability, a good reference region (denominator in the SUVR ratio) can be characterized by having low variability compared to other regions across and within diagnostic categories, as well as having minimal amyloid binding, and therefore no separation across diagnostic categories.

For a desirable region of interest (numerator in the SUVR ratio), good separation and low variability across diagnostic categories and a large shift from zero and low variability within diagnostic category is required. Our proposed composite addresses both aspects of this.

The resulting composite is optimized for PiB-PET positive-subjects, mostly comprised of MCI. The methodology described here can be applied to optimize novel composites for specific populations as well, e.g., pre-MCI subjects.

Note, that the limitations of the study exist since the findings are based on the analysis of a single sample from ADNI. Similar analysis of another longitudinal cohort would be desirable to confirm the findings.

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