



# Parametric estimation of reference signal intensity in the quantification of amyloid-beta deposition: an $^{18}\text{F}$ -AV-45 study

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**Background:** Positron emission tomography (PET) with the radiotracer florbetapir ( $^{18}\text{F}$ -AV-45) allows the pathophysiology of Alzheimer's disease (AD) to be tracked in vivo. The semi-quantification of amyloid-beta ( $\text{A}\beta$ ) has been extensively evaluated with the standardized uptake value ratio (SUVR) but is susceptible to disturbance from the candidate reference region and the partial volume effect (PVE). In the present study, we applied the parametric estimation of reference signal intensity (PERSI) method to  $^{18}\text{F}$ -AV-45 PET images for intensity normalization.

**Methods:** We enrolled 479 people with  $^{18}\text{F}$ -AV-45 images from the Alzheimer's Disease Neuroimaging Initiative database: 261 healthy controls (HCs), 102 patients with mild cognitive impairment (MCI), and 116 AD patients. We used white matter post-processed by PERSI (PERSI-WM) as the reference region and compared our proposed method with the traditional method for semi-quantification. SUVRs were calculated for eight regions of interest: the frontal lobe, the parietal lobe, the temporal lobe, the occipital lobe, the anterior cingulate cortex, the posterior cingulate cortex, the precuneus, and the global cortex. The SUVRs derived from PERSI-WM and other reference regions were evaluated by effect size and receiver-operator characteristic curve analyses.

**Results:** The SUVRs derived from PERSI-WM showed significantly higher trace retention in the frontal, parietal, temporal, and occipital lobes, as well as in the anterior cingulate, posterior cingulate, precuneus, and global cortex in the AD  $\text{A}\beta$ -positive (+) group (mean:  $+43.3\% \pm 5.4\%$ ,  $P < 0.01$ ) and MCI  $\text{A}\beta$ + group (mean:  $+29.6\% \pm 5.3\%$ ,  $P < 0.01$ ). For the global cortex, PERSI-WM had the greatest Cohen's  $d$  effect size compared with the HC  $\text{A}\beta$ -negative (-) group (AD  $\text{A}\beta$ + and MCI  $\text{A}\beta$ +: 3.02, AD  $\text{A}\beta$ +: 3.56, MCI  $\text{A}\beta$ +: 2.34), and the highest area under the curve (AUC) between the HC  $\text{A}\beta$ - and AD  $\text{A}\beta$ + groups (AUC: 0.983, 95% confidence interval: 0.978–0.998).

**Conclusions:** PERSI-WM could mitigate the influence of PVE and improve the semi-quantification of  $^{18}\text{F}$ -AV-45 images; therefore, it could be used for large-scale clinical application in the nuclear medicine domain.

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## Introduction

Positron emission tomography (PET) using relevant biochemical markers can be used to visualize and characterize the pathophysiology of neurodegenerative diseases. Alzheimer's disease (AD) is a slowly progressive neurodegenerative brain disease and the most common cause of dementia (1). The pathological hallmarks of AD involve the co-occurrence of two aggregated proteins: amyloid-beta ( $A\beta$ ), which deposits as amyloid plaques, and hyperphosphorylated forms of tau, which assemble into neurofibrillary tangles (NFTs) (2,3). Studies have suggested that  $A\beta$  accumulates decades before the onset of cognitive symptoms, and initiates or accelerates antecedent tauopathy in AD (4-6). Therefore,  $A\beta$  deposition can be used for the diagnosis of early-onset AD and clinical intervention.

PET with radionuclide-labeled agents targeting amyloid plaques provides a non-invasive method for tracking  $A\beta$  accumulation in the brain *in vivo* (7). The 2011 National Institute on Aging and Alzheimer's Association guidelines for AD were updated in 2018 (8). In these guidelines, AD is defined as a continuous process in biomarker domains, including  $A\beta$  deposition, pathological tau, and neurodegeneration. This is one of the accepted standards for the characterization of dementia and mild cognitive impairment (MCI), as well as for those subjects without cognitive impairment. In this system, amyloid plaques and NFTs are considered to define AD as a unique neurodegenerative disease among different various disorders that can lead to dementia.  $A\beta$  biomarkers can be used to determine if an individual is in the "AD continuum". Therefore, the accurate identification and quantification of  $A\beta$  enable accurate characterization and understanding of the sequence of events that lead to cognitive impairment associated with AD.

In recent decades, several research teams have developed a series of amyloid ligands to trace amyloid plaque-related binding signals in AD brains [e.g.,  $^{11}\text{C}$ -Pittsburgh compound B ( $^{11}\text{C}$ -PiB),  $^{18}\text{F}$ -florbetaben,  $^{18}\text{F}$ -flutemetamol, florbetapir ( $^{18}\text{F}$ -AV-45)] labeled with appropriate PET

nuclides ( $^{11}\text{C}$  or  $^{18}\text{F}$ ) (9-12).  $^{18}\text{F}$ -AV-45 is currently a common radiotracer for PET, and is known for its fast kinetics, highly specific binding to amyloid plaques, and its long half-life (10). Studies have shown that  $^{18}\text{F}$ -AV-45 uptake in AD patients is significantly higher than that in healthy controls (HCs) or in patients with MCI (13,14). In early MCI,  $A\beta$  deposition starts in the precuneus region, as well as in the frontal and temporal regions. However, significant negative correlations between Mini-Mental State Examination (MMSE) score and standardized uptake value ratio (SUVR) from  $^{18}\text{F}$ -AV-45-labeled images have not been reported in AD patients (14). Some longitudinal studies have described unexpected decreases in SUVR in AD when applying a cerebellar, rather than a subcortical, white matter (WM) reference region (15,16). These observations might be because inappropriate semi-quantitative analyses lead to underestimation of the severity of  $A\beta$  deposition.

Consequently, semi-quantitative analyses of  $A\beta$  using PET are crucial for the investigation of imaging biomarkers in the progression of AD. The SUVR of regions of interest (ROIs) is an alternative measurement derived from the ratio of the mean  $A\beta$  concentration relative to that in the reference region. Scholars studying the semi-quantification of  $A\beta$  often select the whole cerebellum or cerebellar gray matter as the reference region (17). However, these cerebellar regions are susceptible to noise or adjacent cortical tissues that show specific binding. In particular, cerebellar signals are collected at the edge of the scanner's field of view, where sensitivity is lower, and the low position of the cerebellum may cause artifacts via truncation or attenuation correction of images (15). Longitudinal studies on AD have suggested that using subcortical WM as a reference region for count normalization may facilitate more accurate tracing of  $A\beta$  accumulation (13,15,18,19). WM is a larger region and can represent the average uptake value of signal intensity, potentially leading to less noise. WM measurements may also be more resistant to small degrees of misregistration during image quantification (19). Furthermore, the partial volume effect (PVE) causes an apparent spillover or cross-contamination

of counts between adjacent structures (20,21). Therefore, determining the optimal reference region and eliminating PVE present challenges.

A series of PVE correction methods was recently presented to address concerns regarding the semi-quantification of A $\beta$  using PET imaging (15,19,22). One of the methods of particular interest was the parametric estimation of reference signal intensity (PERSI) proposed by Southekal *et al.* for the patterns of tau accumulation based on flortaucipir (23). PERSI is an innovative and data-driven approach to count normalization that identifies a subject-specific reference region instead of the traditional fixed atlas-based reference region. The underlying hypothesis of PERSI is that the reference region in flortaucipir images includes two major categories of voxels: voxels with contamination and voxels with non-specific binding. PERSI aims to identify appropriate non-specific binding voxels that have a lower intensity than other contaminated voxels. This approach uses the signal-intensity histogram of reference region to fit a bimodal Gaussian distribution to reject contaminated voxels in higher-intensity peak and then form a specific reference region. Multiple PVE correction algorithms typically involve estimating a better approximation of “true” tracer uptake from a mixture of signals by eroding or shrinking the reference region (20,21). These methods correct the effects of spillover via PET itself or detailed anatomic information [e.g., the WM region from structural magnetic resonance imaging (MRI)] (24,25). Recent studies have suggested that complicated procedures, restricted image demands, and the absence of sensitivity to noise prevent the complete elimination of PVE (19,23). Therefore, the count-normalization strategy of PERSI has the potential to generate reliable and intercomparable SUVRs for <sup>18</sup>F-AV-45 PET imaging.

In the present study, we investigated the spatial extent of A $\beta$  *in vivo* for <sup>18</sup>F-AV-45 PET using the PERSI method in HCs, as well as for patients with MCI and AD. We evaluated the count-normalization performance of PERSI using WM as a reference region in different groups with amyloid plaque accumulation. The reliability of our proposed method was evaluated using a longitudinal dataset.

## Methods

### Participants

The <sup>18</sup>F-AV-45 PET and T1-weighted MRI data used in the present study were from the Alzheimer’s Disease

Neuroimaging Initiative (ADNI) database (<http://adni.loni.usc.edu/>) (26). The ADNI was launched in 2003 as a public-private partnership led by principal investigator Michael W. Weiner. The primary aim of this project was to test whether serial MRI, PET, and other biologic markers, along with clinical and neuropsychological assessments, can be combined to measure the progression of MCI and early AD.

The present study enrolled 479 people: 261 HCs, 102 MCI patients, and 116 AD patients. All participants underwent <sup>18</sup>F-AV-45 PET and structural MRI imaging at baseline. Furthermore, we stratified each group into A $\beta$  positive (+) and negative (–) via the cerebral-to-whole cerebellum A $\beta$  SUVR provided by the ADNI, with a threshold of 1.18, according to previously published autopsy-validated findings (15). In total, 62 HCs, 62 MCI patients, and 99 AD patients were classified as A $\beta$ +, and 199 HCs, 40 MCI patients, and 17 AD patients were classified as A $\beta$ –. Fourteen of 116 AD patients had 2 follow-up scans with <sup>18</sup>F-AV-45 PET images. Each individual was assessed using extensive neuropsychological and cognitive examinations: Montreal Cognitive Assessment (MOCA), Clinical Dementia Rating-Sum of Boxes (CDR-SB), and MMSE scores.

Detailed eligibility criteria for these cross-sectional data are shown in [Figure S1](#). The diagnosis-specific exclusion and inclusion criteria for the HC, MCI, and AD groups are stated in the ADNI dataset (<http://adni.loni.usc.edu/methods/documents/>). The study protocol was approved by the Institutional Review Board of the ADNI and all participating institutions. Each participant gave written informed consent. The demographic and clinical characteristics of all participants are summarized in [Table 1](#).

### Acquisition and preprocessing of images

The original <sup>18</sup>F-AV-45 PET and T1-weighted structural MRI scans were acquired from the ADNI database. Dynamic 3-dimensional (3D) PET images of 4×5 min frames were acquired 50 min after bolus injection of approximately 370±37 MBq <sup>18</sup>F-AV-45. PET images were reconstructed specific to the scanners, with different iterations and subsets. All participants also underwent volumetric T1-weighted MRI using 1.5-T or 3-T systems. PET and MRI data were acquired according to standardized ADNI protocols ([adni.loni.usc.edu/methods/documents/](http://adni.loni.usc.edu/methods/documents/)).

For dynamic PET scans, 2–4 frames were rigidly realigned to the first frame for motion correction and then

**Table 1** Clinical ratings and demographic characteristics of all participants

| Characteristics        | HCs (n=261) |             |         | MCI patients (n=102) |                  |         | AD patients (n=116) |                 |         |
|------------------------|-------------|-------------|---------|----------------------|------------------|---------|---------------------|-----------------|---------|
|                        | Aβ+ (n=62)  | Aβ- (n=199) | P value | Aβ+ (n=62)           | Aβ- (n=40)       | P value | Aβ+ (n=99)          | Aβ- (n=17)      | P value |
| Sex (male/female)      | 20/42       | 86/113      | 0.166   | 34/28                | 28/12            | 0.185   | 51/48               | 13/4            | 0.099   |
| Age (years)            | 76.5±5.61   | 72.3±6.04   | <0.001  | 74.8±6.03            | 75.3±6.17        | 0.759   | 73.6±8.07           | 75.6±7.47       | 0.335   |
| Education (years)      | 16.3±2.68   | 16.6±2.48   | 0.462   | 16.1±2.67            | 15.9±2.97        | 0.796   | 15.7±2.66           | 15.8±2.75       | 0.889   |
| MMSE                   | 28.6±1.41   | 29.7±1.19   | 0.023   | 23.4±5.63            | 27.1±3.38        | 0.002   | 21.2±3.23           | 22.7±2.53       | 0.029   |
| MOCA                   | 25.4±2.64   | 26.3±2.54   | 0.022   | 18.5±5.29            | 21.8±4.71        | 0.001   | 15.5±6.09           | 16.8±4.85       | 0.363   |
| CDR-SB                 | 0 (0, 0)    | 0 (0, 0)    | 0.180   | 4.5 (1.5, 6.0)       | 1.5 (0.5, 2.125) | <0.001  | 4.5 (4.5, 6.0)      | 4.5 (3.25, 4.5) | 0.674   |
| APOE ε4 positivity (%) | 53.2        | 22.1        | <0.001  | 66.1                 | 14.3             | <0.001  | 74.7                | 23.5            | <0.001  |

Data are reported as mean ± standard deviation or median (interquartile range). Aβ, amyloid-beta; AD, Alzheimer's disease; HCs, healthy controls; APOE ε4 positivity, positive rate for the presence of at least 1 ε4 apolipoprotein E; CDR-SB, Clinical Dementia Rating-Sum of Boxes; MCI, mild cognitive impairment; MOCA, Montreal Cognitive Assessment; MMSE, Mini-Mental State Examination; +, positive; -, negative.

averaged. An individual PET image was then registered to the corresponding T1-weighted magnetic resonance image using rigid-body registration, and the magnetic resonance image was spatially normalized to the Montreal Neurological Institute (MNI) atlas space using the MNI152 2-mm T1-weighted MRI template (27). The PET image was spatially transformed onto the MNI152 space via MRI transformation parameters. Finally, the normalized PET images were spatially smoothed with an 8-mm full-width at half maximum (FWHM) Gaussian kernel over a 3D space to increase the signal-to-noise ratio. All preprocess procedures were performed with statistical parametric mapping software (SPM12; Wellcome Department of Imaging Neuroscience, London, UK) implemented in MATLAB 2014b (Mathworks, Sherborn, MA, US).

### PERSI approach

<sup>18</sup>F-AV-45 images from all participants were analyzed quantitatively using the PERSI method to identify a subject-specific reference region for Aβ quantification. We used a reference region-corrected approach analogous to that described previously (23), in which an automated computerized method was applied to the WM region to remove the influence of voxel contamination. As a data-driven method, PERSI is committed to identifying the non-specific <sup>18</sup>F-AV-45 binding region as the reference region using a signal-intensity histogram of the region (Figure 1).

In this context, we used the WM region as the

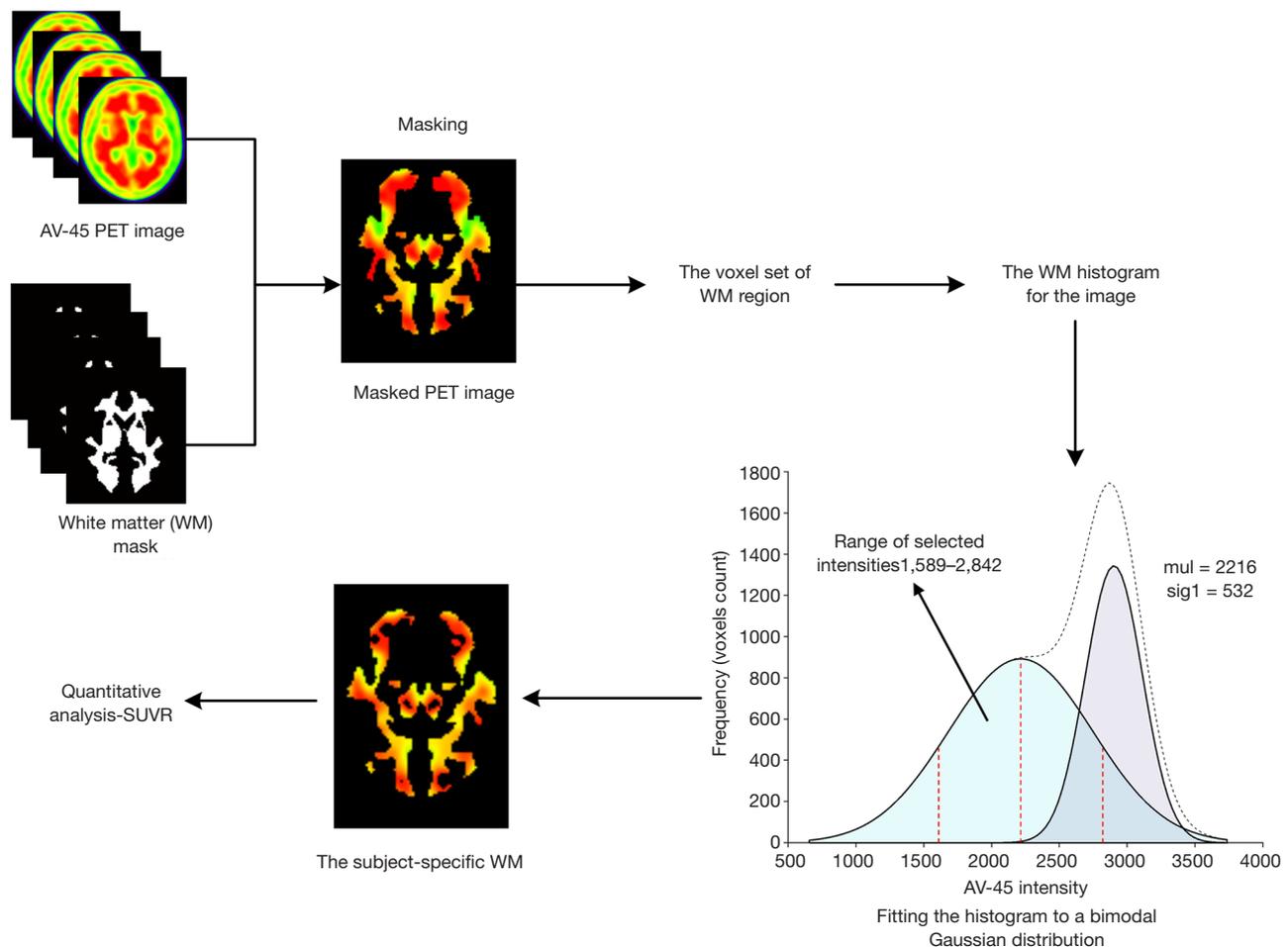
masked region. For the WM region, we applied the segmentation algorithm in FMRIB Software Library (FSL) to the MNI152 atlas to generate the initial WM mask. Preprocessed <sup>18</sup>F-AV-45 PET images were masked with this WM region, and the voxel sets of the masked region were estimated with a histogram. An individual histogram was fitted using a bimodal Gaussian distribution, in which the location and sigma value of two peaks were estimated by a non-linear least-squares algorithm as the following mathematical equation:

$$model_{hist} = a_1 \times e^{-\frac{(x-\mu_1)^2}{\sigma_1^2}} + a_2 \times e^{-\frac{(x-\mu_2)^2}{\sigma_2^2}} \quad [1]$$

$model_{hist}$  represents the voxel histogram set in the WM region. The first Gaussian peak was regarded as having non-specific binding intensity, and its peak center location ( $\mu_1$ ) and sigma ( $\sigma_1$ ) were used for reference analyses. The WM region with the voxel intensity within the range was a subject-specific reference region:

$$Range = \mu_1 \pm FWHM / 2 \approx \mu_1 \pm 1.178 \times \sigma_1 \quad [2]$$

The second Gaussian peak was considered to be contaminated by counts from adjacent cortical tissues with higher specific binding, and the voxels in this range were removed from the WM region. After obtaining the subject-specific reference region, we padded this region to avoid the holes caused by noise. As a result, the eventual PERSI-WM masks used in the present study were still a part of the previous WM masks.



**Figure 1** Flowchart of the parametric estimation of reference signal intensity approach. Preprocessed florbetapir positron emission tomography image was first masked using a white matter (WM) template to generate the voxel set. A histogram of this voxel set in WM was then fitted to a bimodal Gaussian distribution, as shown in the bottom right panel in which the dotted line represents the real histogram curve. Lower intensity peak, as shown the left peak ( $\mu_1 = 2,216$ ,  $\sigma_1 = 532$ ) was used to measure the intensity range [ $\mu \pm \text{full-width at half maximum}/2$  ( $\approx 1.178 \text{ sig}$ ); 1,589–2,842] in the WM image to generate a subject-specific WM region as a reference region. Generated reference region was further used for semi-quantitative standardized uptake value ratio analyses.

### SUVR analyses

To evaluate the quantitative performance of PERSI in  $A\beta$  radiotracer images, we used three additional reference regions to generate voxel-wise  $^{18}\text{F}$ -AV-45 SUVR images: the whole cerebellum, MNI atlas-based WM, and subject-specific WM. The whole cerebellum was derived from the Automated Anatomical Labeling template (28). The MNI atlas-based WM region was obtained by segmentation of the MNI152 atlas. For the subject-specific WM region, the segmentation probabilistic WM image from individual magnetic resonance images had a threshold of 0.5 (23). The

MNI atlas-based and subject-specific WM regions were processed by a composite mask and 3-voxel erosion box to mitigate the PVE. The composite mask of the cerebral cortex, brain stem, and cerebellum was applied to these WM masks to remove the associated voxels susceptible to PVE spillover.

Eight candidate target regions were predefined, and the SUVRs in these regions were measured using reference regions. These predefined ROIs (frontal lobe, parietal lobe, temporal lobe, occipital lobe, anterior cingulate, posterior cingulate, precuneus, and global cortex) have been reported to affect the progression of neurodegeneration in AD by

A $\beta$  deposition (13,29). Therefore, we generated bilateral ROIs via the brain parcellation atlas in the MNI space. The SUVRs of these ROIs were obtained as the count ratio by averaging the voxel-wise SUVR image in a specific targeted region.

### Statistical analyses

Clinical and demographic characteristics were compared between groups using one-way analysis of variance (ANOVA; age, education, MMSE, MOCA, and CDR-SB scores) or the  $\chi^2$ -test [sex and apolipoprotein E (APOE)  $\epsilon 4$  positivity]. Dunnett's *t*-method with correction of the P value was used to adjust for multiple comparisons in the ANOVA. To evaluate the quantitative performance of PERSI-WM and other traditional reference regions, we implemented the effect size with standardized Cohen's *d* to measure the between-group differences of SUVRs. We applied receiver operating characteristic (ROC) curve analyses to each regional SUVR to evaluate discrimination between diagnostic groups, and area under the curve (AUC) values as a measurable indicator. Correlations between regional SUVRs and cognitive assessments were evaluated using Spearman's coefficient, and the P value was corrected using the Bonferroni correction method. Pairwise comparisons of correlations were done using bootstrapping of correlation coefficient pairs with 1,000 permutations. The  $^{18}\text{F}$ -AV-45 PET image was mapped in the smoothed 3D template across each group using the BrainNet Viewer toolbox (version 1.62; [www.nitrc.org/projects/bnv/](http://www.nitrc.org/projects/bnv/)) (30).  $P < 0.05$  (two-tailed) was considered statistically significant. Statistical analyses were performed using R-3.5.1 ([www.r-project.org/](http://www.r-project.org/)).

## Results

### Participants

The demographic information and clinical characteristics of the different diagnostic groups are detailed in *Table 1*. *Table S1* shows the demographic and clinical characteristics for the 14 longitudinal AD patients with  $^{18}\text{F}$ -AV-45 PET images ( $2.23 \pm 0.83$  years). The mean age differed significantly between the HC A $\beta^+$  and HC A $\beta^-$  subgroups ( $P < 0.001$ ). However, no significant differences were found in terms of sex or years of education between A $\beta^+$  and A $\beta^-$  status in any of the groups ( $P > 0.05$  for all). As expected, A $\beta^+$  participants were more likely to have APOE  $\epsilon 4$  positivity

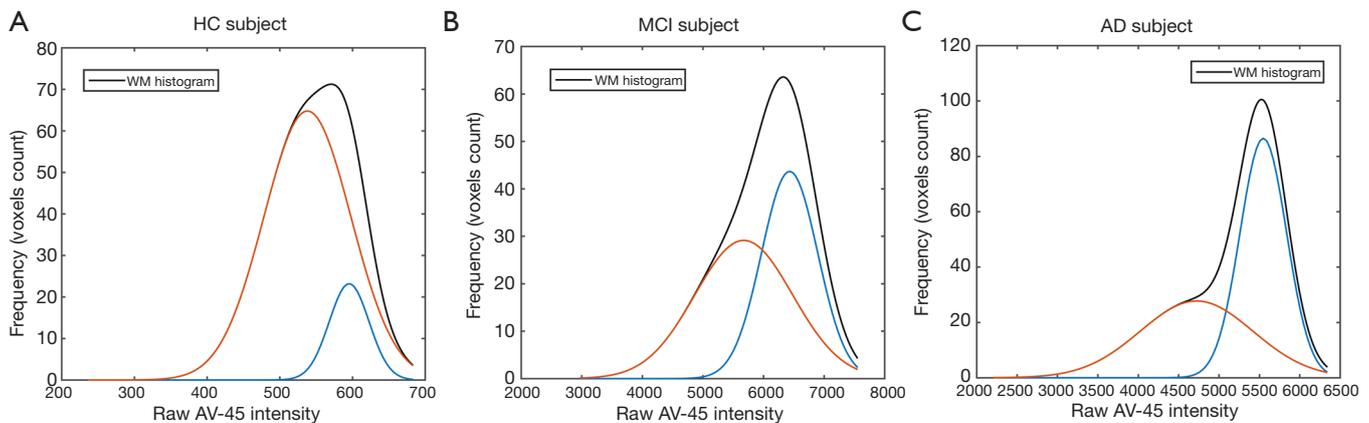
(AD A $\beta^+$ : 74.7%, MCI A $\beta^+$ : 66.1%, HC A $\beta^+$ : 22.1%) than those who were A $\beta^-$  ( $P < 0.001$ ,  $\chi^2$ -test). Upon completion of all neuropsychological assessments (MMSE, MOCA, and CDR-SB scores), individuals with cognitive impairment performed significantly worse than the HCs ( $P < 0.05$  for all; ANOVA with Dunnett's multiple comparison). The longitudinal AD patients had significant changes in cognitive assessments (all  $P < 0.05$ , 1-sample *t*-test).

### Semi-quantification of $^{18}\text{F}$ -AV-45 imaging

*Figure 2* shows histograms with different WM signal intensities derived from the PERSI method; the higher peak of HCs was not significant. For individuals with cognitive decline, the higher peak was more prominent, which suggested that some voxels were contaminated by adjacent cortical tissues with  $^{18}\text{F}$ -AV-45 uptake. The PERSI approach could be used to identify and remove these contaminated voxels from the WM reference region. We summarized the size of the reference regions (*Table 2*). The average PERSI-WM region for AD cases had the smallest volume size relative to those in other groups ( $P < 0.05$ ); A $\beta^+$  patients showed a significant decrease compared with A $\beta^-$  patients ( $P < 0.001$ ).

To explore the difference in quantitative efficacy between the PERSI-WM region and other traditional reference regions, we examined  $^{18}\text{F}$ -AV-45 SUVRs within each group of predefined ROIs. As shown in *Figure 3*, compared with HC A $\beta^-$ , the SUVRs derived from PERSI-WM showed significantly higher trace retention in the frontal, parietal, temporal, occipital, anterior cingulate, and posterior cingulate, precuneus, and global cortex in the AD A $\beta^+$  group (mean:  $+43.3\% \pm 5.4\%$ ,  $P < 0.01$ ) and MCI A $\beta^+$  group (mean:  $+29.6\% \pm 5.3\%$ ,  $P < 0.01$ ). Furthermore, the PERSI-WM method could accurately track the A $\beta$  accumulation of predefined ROIs between the MCI and AD groups relative to other reference regions ( $P < 0.05$  for all, Dunnett's multiple comparison) (*Table 3*). These phenomena indicate the superiority of the PERSI-WM method for A $\beta$  quantification, especially in individuals with cognitive decline.

ROC and effect size were analyzed to evaluate the diagnostic ability of PERSI compared with other traditional reference regions (*Table 3*). PERSI-WM had a greater effect size and AUC in ROIs compared with other reference regions. For the global cortex, PERSI-WM had the greatest Cohen's *d* effect size compared to HC A $\beta^-$  (AD A $\beta^+$  and MCI A $\beta^+$ : 3.02, AD A $\beta^+$ : 3.56, MCI A $\beta^+$ : 2.34) and the highest



**Figure 2** Typical white matter (WM) signal-intensity histograms for representative participants categorized as healthy control (HC) amyloid-beta ( $A\beta$ ) negative (A, 84-year-old male), and mild cognitive impairment amyloid-beta positive ( $A\beta+$ ) (B, 73-year-old male), and Alzheimer's disease  $A\beta+$  (C, 56-year-old female). Black line represents the real histogram in the WM region, red line represents lower intensity signal, and blue line represents higher intensity signal. Second peak is not significant for the HC. For patients with cognitive decline, some contamination voxels in the WM region are indicated by the blue peak.

**Table 2** Reference region sizes of the different groups

| Reference region            | Volume size (mL) <sup>†</sup> |
|-----------------------------|-------------------------------|
| Whole cerebellum            | 177.7                         |
| MNI atlas-based WM          | 88.2                          |
| Average subject-specific WM | 60.6±11.0                     |
| Average PERSI-WM            |                               |
| HC                          | 121.5±22.8                    |
| MCI                         | 76.6±13.4                     |
| AD                          | 72.1±17.6                     |
| $A\beta-$                   | 110.3±28.9                    |
| $A\beta+$                   | 87.6±28.8                     |

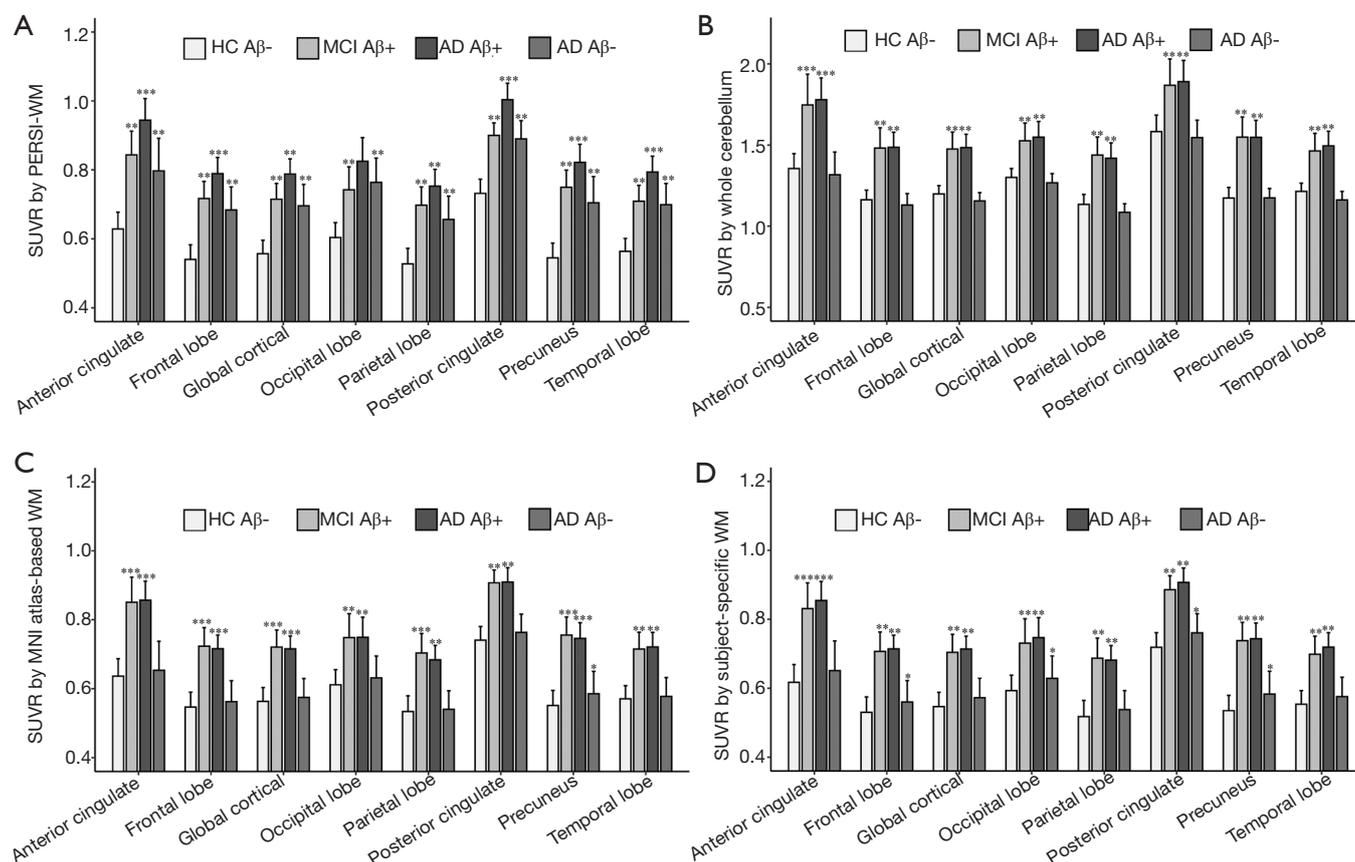
<sup>†</sup>, 2\*2\*2 mm voxels. AD, Alzheimer's disease;  $A\beta$ , amyloid-beta; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; WM, white matter; +, positive; -, negative.

AUC between the HC  $A\beta-$  and AD  $A\beta+$  groups (AUC: 0.983, 95% confidence interval: 0.978–0.998). Estimates of the effect size and AUC indicated that the PERSI-WM approach increased between-group differences compared to those in the whole cerebellum (Table 3, Tables S2-S8).

To explore the influence on count normalization using the PERSI approach, we evaluated linear regression across two normalized methods (Figure 4). Compared to

other reference region methods using WM, PERSI-WM generated an increase in the measurement of  $^{18}F$ -AV-45 trace retention of the global cortex (subject-specific WM slope: 1.05, MNI atlas WM slope: 1.09). The SUVR of the global cortex using PERSI-WM, especially in AD patients, increased significantly compared to that using traditional WM reference regions ( $P < 0.001$  for all), whereas a negligible increase was documented in the HCs (subject-specific WM:  $P = 0.278$ , MNI atlas WM:  $P = 0.371$ ). These phenomena suggested that PERSI-WM could aid in the estimation of the actual  $A\beta$  signal in adjacent structures or off-targeted binding regions in patients with cognitive decline. Similar findings were observed in the other candidate ROIs. Figure 4 shows that PERSI-WM could be a powerful semi-quantitative method for reducing PVE in the measurement of  $A\beta$  accumulation with  $^{18}F$ -AV-45 PET imaging.

The longitudinal dataset was used to validate the effectiveness of our proposed method. We employed PERSI-WM and other reference regions to measure SUVRs at both baseline and the follow-up PET scans. Figure 5 shows cortical  $^{18}F$ -AV-45 SUVRs in the baseline and follow-up scans of 14 AD participants. The results indicate that the global cortical SUVR with PERSI-WM appears less variable and has a paradoxical decrease compared with other methods. Moreover, the changes in the global cortical SUVR with PERSI-WM were significantly correlated with the changes in cognitive assessments (MMSE:  $r = -0.343$ ,



**Figure 3** Global and regional florbetapir standardized uptake value ratio (SUVR) count normalization from parametric estimation of reference signal intensity: white matter (WM) (A), whole cerebellum (B), MNI atlas-based WM (C) and subject-specific WM region (D) for four diagnosed groups (HC Aβ<sup>-</sup>, MCI Aβ<sup>+</sup>, AD Aβ<sup>+</sup>, and AD Aβ<sup>-</sup>). Panel indicates the mean group SUVR (± standard deviation) across predefined regions of interest. PERSI, parametric estimation of reference signal intensity; HC, health control; MNI, Montreal Neurological Institute; Aβ, amyloid-beta; AD, Alzheimer's disease; MCI, mild cognitive impairment.

$P=0.02$ ). Similar findings could be observed in other brain regions (Figure S2), indicating that PERSI-WM could be useful for Aβ quantification in longitudinal studies.

#### *<sup>18</sup>F-AV-45 SUVRs and cognitive testing correlation*

To further validate the efficacy of our proposed method, we evaluated the correlation between the <sup>18</sup>F-AV-45 SUVR and neuropsychological and cognitive test parameters (MMSE, MOCA, and CDR-SB) among Aβ<sup>+</sup> patients with cognitive decline in ROIs. Table 4 shows the correlations between clinical cognitive scores and the SUVR in the MCI and AD Aβ<sup>+</sup> group in the global cortex using Spearman's correlation coefficients. Tables S9-S15 show the results of other candidate regions. As expected, there were significant

associations between higher <sup>18</sup>F-AV-45 SUVRs and worse scores for cognitive scores. Of 161 patients with the global cortex as the ROI, CDR-SB scores were more strongly correlated with PERSI-WM count-normalized SUVRs ( $r=0.451$ ,  $P<0.01$ ) than SUVRs derived from other methods ( $P<0.05$ ). Similar findings were observed for MOCA and MMSE scores.

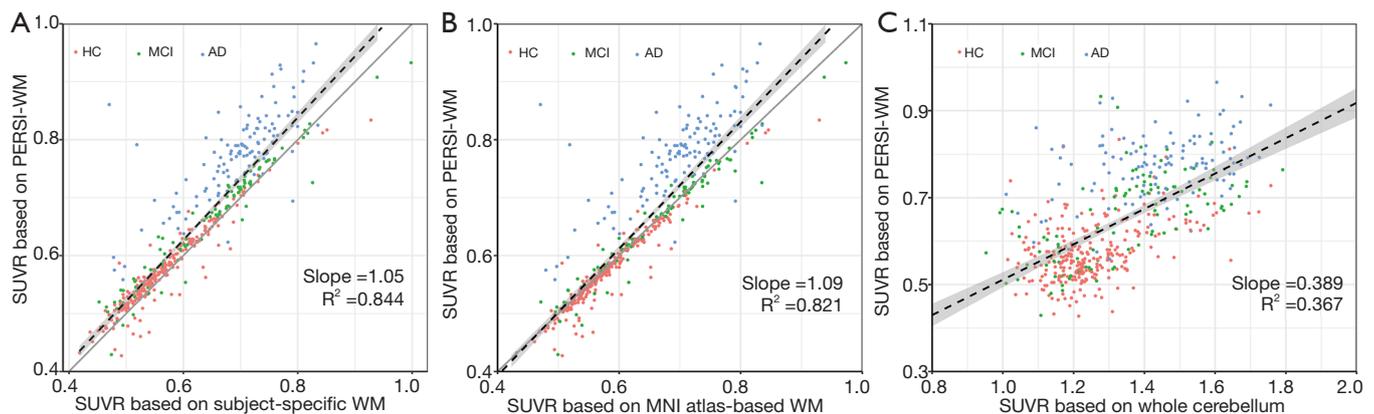
## Discussion

<sup>18</sup>F-AV-45 is an *in vivo* PET biomarker that can be used to measure Aβ plaque accumulation in the brain. In the present study, we evaluated the count-normalization performance of PERSI based on WM for tracking Aβ pathophysiology in AD. The subject-specific WM reference

**Table 3** Diagnostic ability of 4 semi-quantitative methods in the global cortex

| Characteristics      | Group                                   | PERSI-WM        | Subject-specific WM | MNI atlas-based WM | Whole cerebellum |
|----------------------|---|-----------------|---------------------|--------------------|------------------|
| SUVR (global cortex) | HC A $\beta$ -                          | 0.55 $\pm$ 0.06 | 0.54 $\pm$ 0.06     | 0.56 $\pm$ 0.06    | 1.19 $\pm$ 0.07  |
|                      | MCI A $\beta$ +                         | 0.71 $\pm$ 0.06 | 0.70 $\pm$ 0.10     | 0.72 $\pm$ 0.11    | 1.47 $\pm$ 0.15  |
|                      | AD A $\beta$ +                          | 0.79 $\pm$ 0.05 | 0.71 $\pm$ 0.08     | 0.71 $\pm$ 0.05    | 1.48 $\pm$ 0.12  |
|                      | HC A $\beta$ +                          | 0.63 $\pm$ 0.06 | 0.62 $\pm$ 0.09     | 0.64 $\pm$ 0.06    | 1.42 $\pm$ 0.12  |
|                      | MCI A $\beta$ -                         | 0.56 $\pm$ 0.05 | 0.54 $\pm$ 0.06     | 0.56 $\pm$ 0.05    | 1.15 $\pm$ 0.09  |
|                      | AD A $\beta$ -                          | 0.69 $\pm$ 0.09 | 0.57 $\pm$ 0.09     | 0.57 $\pm$ 0.08    | 1.15 $\pm$ 0.07  |
| AUC                  | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.981           | 0.965*              | 0.962*             | 0.976            |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 0.983           | 0.973*              | 0.964*             | 0.981            |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.979           | 0.954*              | 0.956*             | 0.957*           |
| Effect size          | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 3.02            | 2.54                | 2.49               | 2.61             |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 3.56            | 2.61                | 2.44               | 2.84             |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 2.34            | 2.03                | 2.12               | 2.21             |

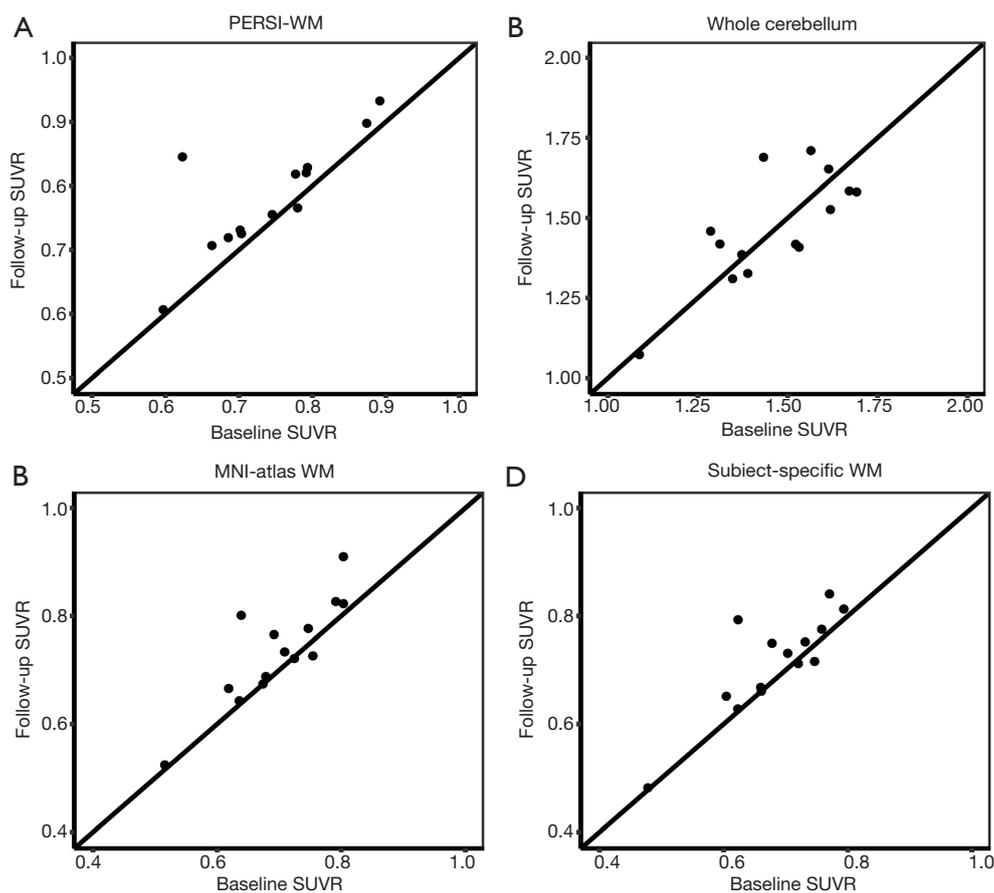
\*,  $P < 0.05$ , AUC comparison between PERSI-WM and other reference regions (DeLong test). Effect size is given as the standardized Cohen's  $d$ . AD, Alzheimer's disease; A $\beta$ , amyloid-beta; AUC, area under the curve; CDR-SB, Clinical Dementia Rating-Sum of Boxes; HC, healthy control; MCI, mild cognitive impairment; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.



**Figure 4** Scatterplots of florbetapir standardized uptake value ratio (SUVR) derived from different reference regions in the global cortex region. Red dots denote the SUVR of healthy control (HC) amyloid-beta (A $\beta$ )-negative participants, green dots denote the SUVR of mild cognitive impairment (MCI) A $\beta$ -positive patients, and blue dots denote the SUVR of Alzheimer's disease (AD) A $\beta$ -positive patients. Gray line represents the SUVR unchanged datum line (slope =1). PERSI, parametric estimation of reference signal intensity; WM, white matter; MNI, Montreal Neurological Institute.

region was estimated using the PERSI method and mitigated the PVE to generate intra- and inter-individual intercomparable SUVRs. We observed that A $\beta$  deposition consistently occurred in anatomically ritualistic patterns, which is similar to findings with  $^{11}\text{C}$ -PiB PET (31-33). We

also demonstrated that PERSI-WM had greater effect sizes and AUC values for the separation of diagnostic groups based on A $\beta$  deposition in specific ROIs. Furthermore, correlations with cognitive test results were also higher in SUVRs by PERSI-WM. Our results suggested that



**Figure 5** Scatterplots of global cortical florbetapir standardized uptake value ratios for the baseline and follow-up visits of 14 Alzheimer's disease patients using 4 different reference regions. SUVR, standardized uptake value ratio; MNI, Montreal Neurological Institute; WM, white matter.

**Table 4** Correlations between clinical cognitive scores and standardized uptake value ratio in the mild cognitive impairment and Alzheimer's disease amyloid-beta-positive patient group

| Global cortex | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|---------------|----------|---------------------|--------------------|---------------------|
| MMSE          | -0.438   | -0.338**            | -0.339**           | -0.140 <sup>†</sup> |
| MOCA          | -0.384   | -0.278**            | -0.288**           | -0.079 <sup>†</sup> |
| CDR-SB        | 0.451    | 0.403*              | 0.407*             | 0.229***            |

\*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ , pairwise comparisons of correlations between PERSI-WM and other reference regions. <sup>†</sup>, insignificant correlation,  $P$  value with correction for multiple comparisons  $> 0.05$ . CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

PERSI was a relatively robust reference region correction method for amyloid images, and could be used to accurately measure  $A\beta$  changes over AD progression.

We used subcortical WM instead of the whole

cerebellum as the reference region to measure the relative concentrations of ROIs in amyloid PET imaging. The ability of this reference region to identify diagnostic groups of SUVRs based on WM was greater than that of SUVRs

based on other reference regions (Table 3). Conventionally, reference region known empirically for A $\beta$  radiotracer is the whole cerebellum or cerebellum gray matter (34-36). These regions are expected to remain stable and free of A $\beta$  binding during AD progression. However, their small size and proximity to the axial periphery of gray matter make these region sensitive to contamination from noise or other high-uptake voxels. The location of the whole cerebellum makes it susceptible to truncation. The subcortical WM region, compared with gray matter, is less sensitive to noise, has a lower clearance rate, as well as other reduced binding characteristics. Scholars have also noted that WM regions have lower variability than other reference regions according to longitudinal data (15,16). Therefore, subcortical WM is an alternative reference region for quantifying A $\beta$  deposition, which has also been confirmed by recent studies (15,19,37,38).

Additionally, we applied the PERSI method and WM reference region for count normalization in  $^{18}\text{F}$ -AV-45 imaging. The semi-quantitative performance of PERSI-WM was superior to that of other reference regions for the stratification of diagnostic groups using traditional SUVRs (Figure 3, Table 3). A cross-sectional and longitudinal study suggested that traditional methods may not completely eliminate PVE because of some preprocessing steps, such as erosion and masking (23). A series of existing PVE correction methods can be used to overcome contamination in the reference region regarding A $\beta$  quantification (19,20,39). However, the PERSI method can reduce potential contamination of WM regions when other PVE correction methods with complicated procedures are not performed (23). In the case of a lack of magnetic resonance scans, the PERSI method can still work. PERSI is designed to overcome the potential impact of PVE mentioned above and leverage the advantage of using the WM region. The PERSI method reduces direct contamination of the WM region without other preprocessing steps and is immune to differences in the uptake pattern (23). Therefore, in the present study, the PERSI method obtained more reliable and accurate semi-quantification results for  $^{18}\text{F}$ -AV-45 imaging, and it may be useful for clinical research and the diagnosis of patients with cognitive disorders.

The spatial distribution of  $^{18}\text{F}$ -AV-45 retention in the present study was consistent with that in previous AD neuropathological studies (6,13,17,40-43). The differences in SUVR between the HCs and AD patients were more substantial with PERSI-WM as a reference region (Figure 3). A $\beta$  accumulation in the global cortex and

anterior cingulate could be evaluated in AD patients, and the uptake patterns frequently encompassed large regions of the frontal lobe, parietal lobe, and posterior cingulate. A $\beta$  accumulation in the eight predefined ROIs was highest for the AD patients, intermediate for the MCI patients, and lowest for the HCs. Other methods, such as the whole cerebellum and MNI atlas-based WM had negligible and undiscerning SUVR differences, especially in the MCI A $\beta$ + and AD A $\beta$ + groups, whereas PERSI-WM surpassed other methods for diagnosing patients with cognitive decline with a different clinical diagnosis (Figures 3,4). Studies focusing on amyloid quantification have also suggested that using subcortical WM to normalize  $^{18}\text{F}$ -AV-45 images could more accurately track A $\beta$  changes and more closely reflect the “gold standard” volume of distribution differences between MCI and AD compared to other reference regions (13). We also used a subject-specific WM region and MNI atlas-based WM region to measure A $\beta$  SUVR and observed a similar result. The PERSI-WM region, compared with the two methods mentioned earlier, had satisfactory corrected volume counts for the effects of spillover in cognitive decline (MCI and AD) patients and A $\beta$ + patients. PERSI-WM demonstrated excellent semi-quantitative ability and generated consistent SUVRs in candidate ROIs.

### Limitations

The present study has some limitations. First, we used the atlas-WM mask to run PERSI procedures to enable broader applicability. The mask was obtained from the MNI152 template. The individual WM segmentations, derived from a structural magnetic resonance image, were also suitable for generating a subject-specific mask for each participant. We will investigate this aspect in future studies. Second, we used a traditional 8-mm Gaussian kernel in the preprocessing step; however, different FWHM Gaussian windows may result in different PERSI results. It would be beneficial to investigate the influences of different Gaussian windows and choose an optimized window for PERSI-WM in future studies. Third, the PERSI-WM method proposed in the current study was tested in a cross-sectional dataset and an AD longitudinal dataset, and should be further validated with pharmacokinetic data, longitudinal data, and test-retest analysis. Fourth, because WM intensity between A $\beta$ + and A $\beta$ - patients is different, there may also be different histogram distributions in the two groups. However, this aspect was not considered in the present study. We plan to optimize the PERSI method by adding algorithms for

different groups in future studies. Fifth, the definition of the cutoff value and norm for WM quantification is critical for determining positive or negative results in clinical applications, although such work has not been carried out to date and warrants study in the future. Sixth, the limited age range, which confounded amyloid quantification performance, may be a limitation of the present study. Future studies may require other extended age data to fully verify the applicability of the PERSI method. Seventh, the dataset used in the present study were collected from the ADNI database; however, the database lacks detailed information on injected dose and body weight, which meant the SUVR test could not be assessed. In future studies, we will test the generalization of SUVR using our own dataset. Finally, PERSI may entail the sacrifice of additional processing compared with standard reference regions to integral to its role as an accurate amyloid quantification in individual. Future studies may improve the PERSI method.

## Conclusions

Our findings suggest that the PERSI method can provide accurate and robust count normalization for  $^{18}\text{F}$ -AV-45 images semi-quantitatively and can track A $\beta$  pathophysiological processes in AD. This method can provide accurate characterization of subjects with or without AD continuum. Therefore, the PERSI method could have potential clinical application in nuclear medicine.

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## Footnote

**Conflicts of Interest:** All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/qims-20-110>). The authors have no conflicts of interest to declare.

**Ethical Statement:** The present study was approved by the Institutional Review Board of Huashan Hospital. Written informed consent was obtained from the ADNI database.

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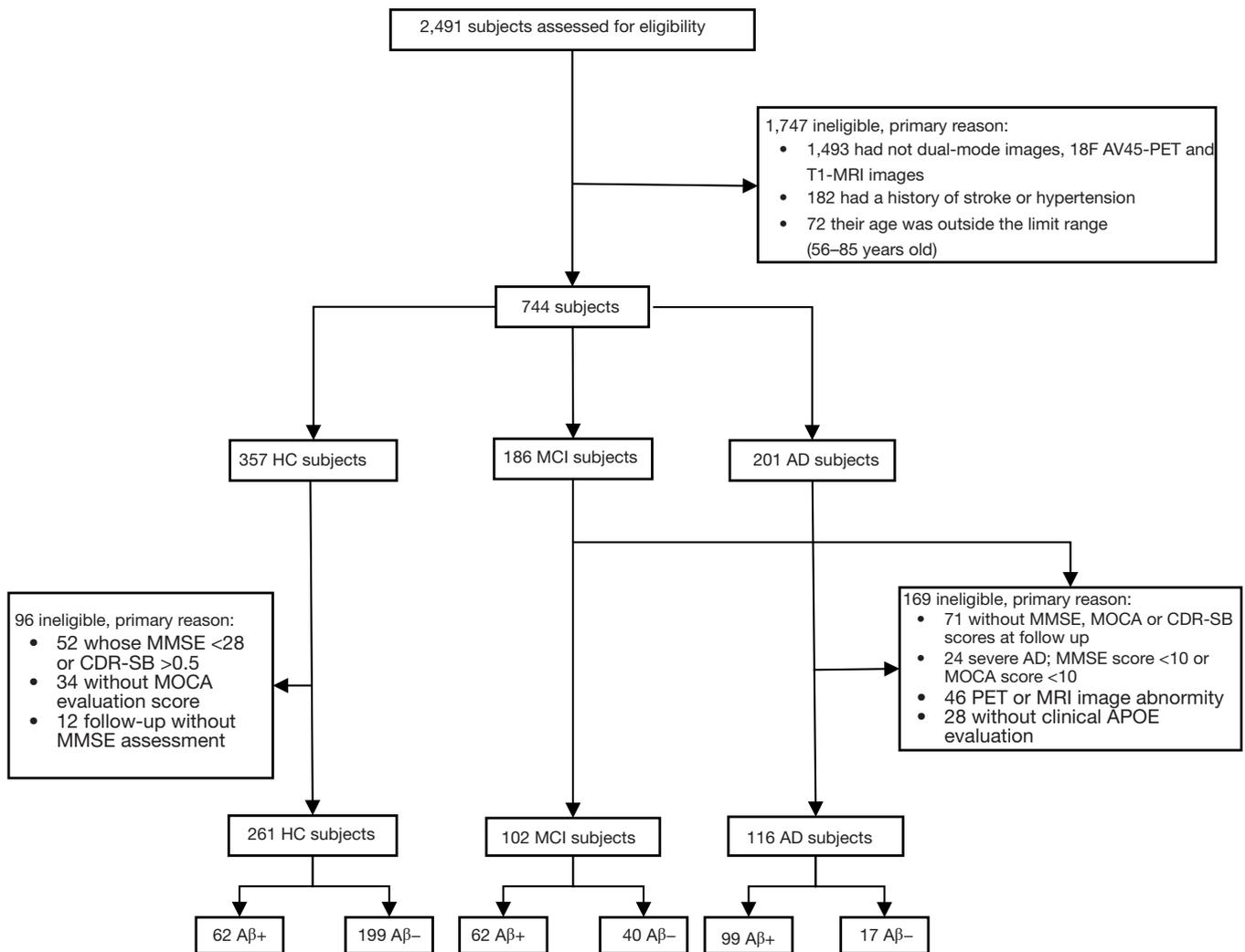
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**Figure S1** Trial profile of all study participants. Aβ, amyloid-beta; AD, Alzheimer’s disease; APOE, apolipoprotein E; CDR-SB, Clinical Dementia Rating-Sum of Boxes; HC, healthy control; MCI, mild cognitive impairment; MOCA, Montreal Cognitive Assessment; MMSE, Mini-Mental State Examination; PET, positron emission tomography; <sup>18</sup>F-AV-45, florbetapir; +, positive; -, negative.

**Table S1** Clinical ratings and demographic characteristics of longitudinal AD participants

| Characteristics                  | AD (n=14)                 |                          | P value |
|----------------------------------|---------------------------|--------------------------|---------|
|                                  | A $\beta$ positive (n=13) | A $\beta$ negative (n=1) |         |
| Sex (male/female)                | 9/4                       | 1/0                      | 1       |
| Baseline age (years)             | 74.0 $\pm$ 5.6            | 81                       | –       |
| Follow-up duration (years)       | 2.23 $\pm$ 0.83           | 2                        | –       |
| Education (years)                | 16.5 $\pm$ 3.2            | 14                       | –       |
| MMSE                             | –3.38 $\pm$ 3.52*         | –3                       | –       |
| MOCA                             | –5.23 $\pm$ 3.78*         | 1                        | –       |
| CDR-SB                           | 2.15 $\pm$ 2.23*          | 5                        | –       |
| APOE $\epsilon$ 4 positivity (%) | 100                       | 0                        | –       |

\*,  $P < 0.05$ , 1-sample  $t$ -test. A $\beta$ , amyloid-beta; AD, Alzheimer's disease; APOE  $\epsilon$ 4 positivity, positive rate for the presence of at least 1  $\epsilon$ 4 apolipoprotein E; CDR-SB, Clinical Dementia Rating-Sum of Boxes; MOCA, Montreal Cognitive Assessment; MMSE, Mini-Mental State Examination.

**Table S2** Diagnostic ability of 4 semi-quantitative methods in the frontal lobe

| Characteristics     | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM        |
|---------------------|---|------------------|--------------------|---------------------|-----------------|
| SUVR (frontal lobe) | HC A $\beta$ –                          | 1.16 $\pm$ 0.07  | 0.54 $\pm$ 0.06    | 0.53 $\pm$ 0.06     | 0.54 $\pm$ 0.06 |
|                     | MCI A $\beta$ +                         | 1.48 $\pm$ 0.15  | 0.72 $\pm$ 0.08    | 0.70 $\pm$ 0.08     | 0.71 $\pm$ 0.07 |
|                     | AD A $\beta$ +                          | 1.49 $\pm$ 0.12  | 0.72 $\pm$ 0.06    | 0.71 $\pm$ 0.06     | 0.79 $\pm$ 0.07 |
|                     | HC A $\beta$ +                          | 1.40 $\pm$ 0.12  | 0.63 $\pm$ 0.07    | 0.61 $\pm$ 0.07     | 0.62 $\pm$ 0.06 |
|                     | MCI A $\beta$ –                         | 1.12 $\pm$ 0.09  | 0.54 $\pm$ 0.05    | 0.52 $\pm$ 0.05     | 0.54 $\pm$ 0.05 |
|                     | AD A $\beta$ –                          | 1.13 $\pm$ 0.07  | 0.56 $\pm$ 0.09    | 0.56 $\pm$ 0.09     | 0.68 $\pm$ 0.10 |
| AUC                 | AD & MCI A $\beta$ + vs. HC A $\beta$ – | 0.975            | 0.961              | 0.966               | 0.975           |
|                     | AD A $\beta$ + vs. HC A $\beta$ –       | 0.979            | 0.967              | 0.975               | 0.989           |
|                     | MCI A $\beta$ + vs. HC A $\beta$ –      | 0.969            | 0.952              | 0.951               | 0.955           |
| Effect size         | AD & MCI A $\beta$ + vs. HC A $\beta$ – | 2.55             | 2.57               | 2.64                | 3.07            |
|                     | AD A $\beta$ + vs. HC A $\beta$ –       | 2.80             | 2.53               | 2.69                | 3.55            |
|                     | MCI A $\beta$ + vs. HC A $\beta$ –      | 2.27             | 2.18               | 2.11                | 2.28            |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; –, negative.

**Table S3** Diagnostic ability of 4 semi-quantitative methods in the parietal lobe

| Characteristics      | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM  |
|----------------------|---|------------------|--------------------|---------------------|-----------|
| SUVR (parietal lobe) | HC A $\beta$ -                          | 1.13±0.09        | 0.53±0.06          | 0.51±0.07           | 0.52±0.06 |
|                      | MCI A $\beta$ +                         | 1.44±0.16        | 0.70±0.08          | 0.68±0.08           | 0.69±0.07 |
|                      | AD A $\beta$ +                          | 1.42±0.14        | 0.68±0.06          | 0.68±0.06           | 0.75±0.07 |
|                      | HC A $\beta$ +                          | 1.37±0.13        | 0.62±0.07          | 0.60±0.07           | 0.60±0.07 |
|                      | MCI A $\beta$ -                         | 1.07±0.10        | 0.52±0.05          | 0.50±0.05           | 0.52±0.05 |
|                      | AD A $\beta$ -                          | 1.08±0.07        | 0.54±0.08          | 0.54±0.08           | 0.65±0.10 |
| AUC                  | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.965            | 0.948              | 0.955               | 0.971     |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 0.956            | 0.946              | 0.958               | 0.983     |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.978            | 0.949              | 0.949               | 0.951     |
| Effect size          | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 2.36             | 2.23               | 2.32                | 2.76      |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 2.40             | 2.12               | 2.29                | 3.06      |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 2.27             | 2.00               | 1.95                | 2.07      |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve, HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.

**Table S4** Diagnostic ability of 4 semi-quantitative methods in the temporal lobe

| Characteristics      | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM  |
|----------------------|---|------------------|--------------------|---------------------|-----------|
| SUVR (temporal lobe) | HC A $\beta$ -                          | 1.21±0.07        | 0.57±0.06          | 0.55±0.05           | 0.56±0.05 |
|                      | MCI A $\beta$ +                         | 1.46±0.15        | 0.71±0.08          | 0.69±0.07           | 0.71±0.07 |
|                      | AD A $\beta$ +                          | 1.49±0.13        | 0.72±0.06          | 0.72±0.06           | 0.75±0.07 |
|                      | HC A $\beta$ +                          | 1.44±0.13        | 0.64±0.07          | 0.63±0.07           | 0.60±0.06 |
|                      | MCI A $\beta$ -                         | 1.17±0.08        | 0.57±0.05          | 0.55±0.06           | 0.52±0.06 |
|                      | AD A $\beta$ -                          | 1.16±0.07        | 0.57±0.08          | 0.58±0.08           | 0.66±0.09 |
| AUC                  | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.968            | 0.951              | 0.954               | 0.971     |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 0.975            | 0.956              | 0.965               | 0.988     |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.958            | 0.940              | 0.936               | 0.943     |
| Effect size          | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 2.37             | 2.38               | 2.43                | 2.89      |
|                      | AD A $\beta$ + vs. HC A $\beta$ -       | 2.66             | 2.41               | 2.57                | 3.59      |
|                      | MCI A $\beta$ + vs. HC A $\beta$ -      | 2.07             | 2.01               | 1.92                | 2.09      |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve, HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.

**Table S5** Diagnostic ability of 4 semi-quantitative methods in the occipital lobe

| Characteristics       | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM        |
|-----------------------|---|------------------|--------------------|---------------------|-----------------|
| SUVR (occipital lobe) | HC A $\beta$ -                          | 1.30 $\pm$ 0.08  | 0.61 $\pm$ 0.05    | 0.59 $\pm$ 0.06     | 0.60 $\pm$ 0.06 |
|                       | MCI A $\beta$ +                         | 1.53 $\pm$ 0.16  | 0.74 $\pm$ 0.07    | 0.73 $\pm$ 0.11     | 0.74 $\pm$ 0.07 |
|                       | AD A $\beta$ +                          | 1.55 $\pm$ 0.14  | 0.75 $\pm$ 0.06    | 0.75 $\pm$ 0.08     | 0.82 $\pm$ 0.07 |
|                       | HC A $\beta$ +                          | 1.49 $\pm$ 0.15  | 0.67 $\pm$ 0.06    | 0.65 $\pm$ 0.09     | 0.66 $\pm$ 0.07 |
|                       | MCI A $\beta$ -                         | 1.25 $\pm$ 0.08  | 0.61 $\pm$ 0.05    | 0.58 $\pm$ 0.07     | 0.61 $\pm$ 0.05 |
|                       | AD A $\beta$ -                          | 1.27 $\pm$ 0.08  | 0.63 $\pm$ 0.08    | 0.63 $\pm$ 0.09     | 0.76 $\pm$ 0.10 |
| AUC                   | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.935            | 0.906              | 0.921               | 0.943           |
|                       | AD A $\beta$ + vs. HC A $\beta$ -       | 0.952            | 0.912              | 0.933               | 0.972           |
|                       | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.909            | 0.896              | 0.901               | 0.896           |
| Effect size           | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 2.01             | 1.72               | 1.82                | 2.14            |
|                       | AD A $\beta$ + vs. HC A $\beta$ -       | 2.20             | 1.76               | 1.95                | 2.62            |
|                       | MCI A $\beta$ + vs. HC A $\beta$ -      | 1.81             | 1.53               | 1.51                | 1.58            |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.

**Table S6** Diagnostic ability of 4 semi-quantitative methods in the anterior cingulate

| Characteristics           | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM        |
|---------------------------|---|------------------|--------------------|---------------------|-----------------|
| SUVR (anterior cingulate) | HC A $\beta$ -                          | 1.35 $\pm$ 0.13  | 0.63 $\pm$ 0.07    | 0.62 $\pm$ 0.07     | 0.63 $\pm$ 0.07 |
|                           | MCI A $\beta$ +                         | 1.74 $\pm$ 0.28  | 0.85 $\pm$ 0.11    | 0.83 $\pm$ 0.11     | 0.84 $\pm$ 0.10 |
|                           | AD A $\beta$ +                          | 1.78 $\pm$ 0.21  | 0.86 $\pm$ 0.08    | 0.85 $\pm$ 0.08     | 0.94 $\pm$ 0.09 |
|                           | HC A $\beta$ +                          | 1.67 $\pm$ 0.20  | 0.74 $\pm$ 0.08    | 0.73 $\pm$ 0.08     | 0.73 $\pm$ 0.08 |
|                           | MCI A $\beta$ -                         | 1.30 $\pm$ 0.15  | 0.63 $\pm$ 0.06    | 0.62 $\pm$ 0.06     | 0.63 $\pm$ 0.06 |
|                           | AD A $\beta$ -                          | 1.32 $\pm$ 0.21  | 0.65 $\pm$ 0.12    | 0.65 $\pm$ 0.13     | 0.79 $\pm$ 0.09 |
| AUC                       | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.946            | 0.951              | 0.956               | 0.968           |
|                           | AD A $\beta$ + vs. HC A $\beta$ -       | 0.963            | 0.965              | 0.972               | 0.990           |
|                           | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.919            | 0.929              | 0.927               | 0.935           |
| Effect size               | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 2.18             | 2.58               | 2.64                | 3.02            |
|                           | AD A $\beta$ + vs. HC A $\beta$ -       | 2.48             | 2.66               | 2.83                | 3.68            |
|                           | MCI A $\beta$ + vs. HC A $\beta$ -      | 1.84             | 2.16               | 2.11                | 2.26            |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.

**Table S7** Diagnostic ability of 4 semi-quantitative methods in the posterior cingulate

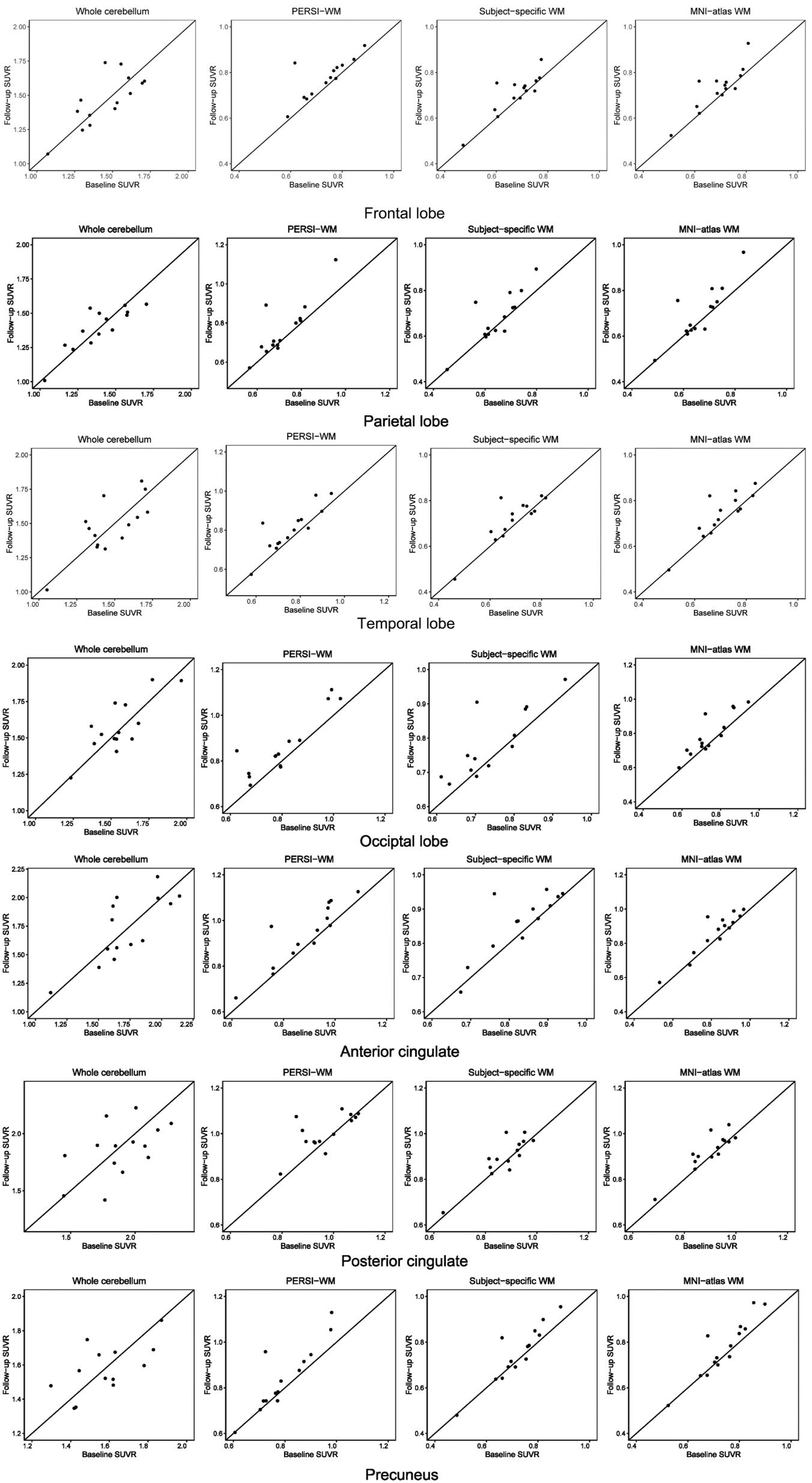
| Characteristics            | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM  |
|----------------------------|---|------------------|--------------------|---------------------|-----------|
| SUVR (posterior cingulate) | HC A $\beta$ -                          | 1.58±0.15        | 0.74±0.05          | 0.71±0.06           | 0.73±0.07 |
|                            | MCI A $\beta$ +                         | 1.86±0.24        | 0.91±0.05          | 0.88±0.06           | 0.90±0.10 |
|                            | AD A $\beta$ +                          | 1.89±0.19        | 0.91±0.06          | 0.91±0.06           | 1.00±0.09 |
|                            | HC A $\beta$ +                          | 1.88±0.18        | 0.84±0.06          | 0.82±0.07           | 0.83±0.08 |
|                            | MCI A $\beta$ -                         | 1.51±0.18        | 0.73±0.07          | 0.70±0.07           | 0.73±0.07 |
|                            | AD A $\beta$ -                          | 1.55±0.16        | 0.76±0.08          | 0.76±0.08           | 0.89±0.14 |
| AUC                        | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.875            | 0.971              | 0.975               | 0.987     |
|                            | AD A $\beta$ + vs. HC A $\beta$ -       | 0.891            | 0.968              | 0.977               | 0.996     |
|                            | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.850            | 0.973              | 0.972               | 0.973     |
| Effect size                | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 1.62             | 2.79               | 2.84                | 3.21      |
|                            | AD A $\beta$ + vs. HC A $\beta$ -       | 1.73             | 2.62               | 2.81                | 3.94      |
|                            | MCI A $\beta$ + vs. HC A $\beta$ -      | 1.37             | 2.42               | 2.28                | 2.41      |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.

**Table S8** Diagnostic ability of 4 semi-quantitative methods in the precuneus

| Characteristics  | Group                                   | Whole cerebellum | MNI atlas-based WM | Subject-specific WM | PERSI-WM  |
|------------------|---|------------------|--------------------|---------------------|-----------|
| SUVR (precuneus) | HC A $\beta$ -                          | 1.17±0.09        | 0.55±0.06          | 0.53±0.06           | 0.54±0.06 |
|                  | MCI A $\beta$ +                         | 1.54±0.18        | 0.76±0.07          | 0.73±0.07           | 0.75±0.07 |
|                  | AD A $\beta$ +                          | 1.55±0.15        | 0.75±0.06          | 0.74±0.06           | 0.82±0.07 |
|                  | HC A $\beta$ +                          | 1.47±0.15        | 0.66±0.08          | 0.64±0.08           | 0.65±0.08 |
|                  | MCI A $\beta$ -                         | 1.13±0.11        | 0.54±0.06          | 0.52±0.06           | 0.54±0.05 |
|                  | AD A $\beta$ -                          | 1.17±0.08        | 0.58±0.09          | 0.58±0.09           | 0.70±0.11 |
| AUC              | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 0.981            | 0.973              | 0.977               | 0.986     |
|                  | AD A $\beta$ + vs. HC A $\beta$ -       | 0.977            | 0.974              | 0.980               | 0.993     |
|                  | MCI A $\beta$ + vs. HC A $\beta$ -      | 0.985            | 0.972              | 0.973               | 0.975     |
| Effect size      | AD & MCI A $\beta$ + vs. HC A $\beta$ - | 2.78             | 2.88               | 2.97                | 3.35      |
|                  | AD A $\beta$ + vs. HC A $\beta$ -       | 2.93             | 2.77               | 2.81                | 3.78      |
|                  | MCI A $\beta$ + vs. HC A $\beta$ -      | 2.58             | 2.55               | 2.49                | 2.63      |

A $\beta$ , amyloid-beta; AD, Alzheimer's disease; AUC, area under the curve; HC, healthy control; MCI, mild cognitive impairment; MNI, Montreal Neurological Institute; PERSI, parametric estimation of reference signal intensity; SUVR, standardized uptake value ratio; WM, white matter; +, positive; -, negative.



**Figure S2** Fewer individual variations in tracking of increase in candidate regions of interest standardized uptake value ratios (SUVRs) with parametric estimation of reference signal intensity-white matter (PERSI-WM) than with other reference regions. MNI, Montreal Neurological Institute.

**Table S9** Correlations between clinical cognitive scores and standardized uptake value ratio of the frontal lobe

| Frontal lobe | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|--------------|----------|---------------------|--------------------|---------------------|
| MMSE         | -0.426   | -0.325              | -0.298             | -0.144 <sup>†</sup> |
| MOCA         | -0.373   | -0.271              | -0.256             | -0.093 <sup>†</sup> |
| CDR-SB       | 0.447    | 0.403               | 0.397              | 0.241               |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S10** Correlations between clinical cognitive scores and standardized uptake value ratio of the parietal lobe

| Parietal lobe | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|---------------|----------|---------------------|--------------------|---------------------|
| MMSE          | -0.387   | -0.294              | -0.243             | -0.124 <sup>†</sup> |
| MOCA          | -0.355   | -0.248              | -0.231             | -0.078 <sup>†</sup> |
| CDR-SB        | 0.437    | 0.383               | 0.375              | 0.221               |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S11** Correlations between clinical cognitive scores and standardized uptake value ratio of the temporal lobe

| Temporal lobe | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|---------------|----------|---------------------|--------------------|---------------------|
| MMSE          | -0.415   | -0.317              | -0.291             | -0.134 <sup>†</sup> |
| MOCA          | -0.364   | -0.263              | -0.243             | -0.007 <sup>†</sup> |
| CDR-SB        | 0.402    | 0.347               | 0.338              | 0.187 <sup>†</sup>  |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S12** Correlations between clinical cognitive scores and standardized uptake value ratio of the occipital lobe

| Occipital lobe | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|----------------|----------|---------------------|--------------------|---------------------|
| MMSE           | -0.454   | -0.372              | -0.339             | -0.217              |
| MOCA           | -0.409   | -0.309              | -0.288             | -0.127 <sup>†</sup> |
| CDR-SB         | 0.482    | 0.422               | 0.406              | 0.294               |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S13** Correlations between clinical cognitive scores and standardized uptake value ratio of the anterior cingulate

| Anterior cingulate | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|--------------------|----------|---------------------|--------------------|---------------------|
| MMSE               | -0.402   | -0.302              | -0.281             | -0.154 <sup>†</sup> |
| MOCA               | -0.356   | -0.268              | -0.255             | -0.114 <sup>†</sup> |
| CDR-SB             | 0.398    | 0.355               | 0.346              | 0.229               |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S14** Correlations between clinical cognitive scores and standardized uptake value ratio of the posterior cingulate

| Posterior cingulate | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|---------------------|----------|---------------------|--------------------|---------------------|
| MMSE                | -0.338   | -0.209              | -0.175             | -0.012 <sup>†</sup> |
| MOCA                | -0.341   | -0.223              | -0.199             | -0.05 <sup>†</sup>  |
| CDR-SB              | 0.368    | 0.271               | 0.255              | 0.08 <sup>†</sup>   |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.

**Table S15** Correlations between clinical cognitive scores and standardized uptake value ratio of the precuneus

| Precuneus | PERSI-WM | Subject-specific WM | MNI atlas-based WM | Whole cerebellum    |
|-----------|----------|---------------------|--------------------|---------------------|
| MMSE      | -0.394   | -0.295              | -0.273             | -0.131 <sup>†</sup> |
| MOCA      | -0.356   | -0.247              | -0.231             | -0.09 <sup>†</sup>  |
| CDR-SB    | 0.427    | 0.382               | 0.375              | 0.227               |

<sup>†</sup>, insignificant correlation, P value with correction for multiple comparisons >0.05. CDR-SB, Clinical Dementia Rating-Sum of Boxes; MMSE, Mini-Mental State Examination; MNI, Montreal Neurological Institute; MOCA, Montreal Cognitive Assessment; PERSI, parametric estimation of reference signal intensity; WM, white matter.