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Effect of Apolipoprotein E on Biomarkers of Amyloid Load and Neuronal Pathology in Alzheimer Disease

Prashanthi Vemuri, PhD¹, Heather J. Wiste, BA², Stephen D. Weigand, MS², David S. Knopman, MD³, Leslie M. Shaw, PhD⁴, John Q. Trojanowski, MD, PhD⁴, Paul S. Aisen, MD⁵, Michael Weiner, MD^{6,7}, Ronald C. Petersen, MD, PhD³, Clifford R. Jack Jr., MD¹, and on behalf of the Alzheimer's Disease Neuroimaging Initiative

¹Aging and Dementia Imaging Research Laboratory, Department of Radiology, Rochester, MN

²Health Sciences Research, Rochester, MN

³Department of Neurology, Mayo Clinic and Foundation, Rochester, MN

⁴Department of Pathology and Laboratory Medicine, University of Pennsylvania School of Medicine, Philadelphia, PA

⁵Department of Neurosciences, University of California at San Diego, La Jolla, CA

⁶University of California at San Francisco, San Francisco, CA.

⁷Center for Imaging of Neurodegenerative Diseases, Department of Veterans Affairs Medical Center, San Francisco, CA.

Abstract

Objective—To study the effect of apolipoprotein E $\epsilon 4$ status on biomarkers of neurodegeneration (atrophy on magnetic resonance imaging [MRI]), neuronal injury (cerebrospinal fluid [CSF] t-tau), and brain $A\beta$ amyloid load (CSF $A\beta_{1-42}$) in cognitively normal subjects (CN), amnesic subjects with mild cognitive impairment (aMCI), and patients with Alzheimer disease (AD).

Methods—We included all 399 subjects (109 CN, 192 aMCI, 98 AD) from the Alzheimer's Disease Neuroimaging Initiative study with baseline CSF and MRI scans. Structural Abnormality Index (STAND) scores, which reflect the degree of AD-like anatomic features on MRI, were computed for each subject.

Results—A clear $\epsilon 4$ allele dose effect was seen on CSF $A\beta_{1-42}$ levels within each clinical group. In addition, the proportion of the variability in $A\beta_{1-42}$ levels explained by APOE $\epsilon 4$ dose was significantly greater than the proportion of the variability explained by clinical diagnosis. On the other hand, the proportion of the variability in CSF t-tau and MRI atrophy explained by clinical diagnosis was greater than the proportion of the variability explained by APOE $\epsilon 4$ dose; however, this effect was only significant for STAND scores.

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Address correspondence to Dr Jack, Mayo Clinic and Foundation, 200 First Street SW, Rochester, MN 55905. jack.clifford@mayo.edu.

Additional supporting information may be found in the online version of this article.

Statistical analysis was conducted by Heather J. Wiste, BA and Stephen D. Weigand, MS.

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (www.loni.ucla.edu/ADNI). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data, but did not participate in analysis or the writing of this report. A complete listing of ADNI investigators is available at www.loni.ucla.edu/ADNI/Collaboration/ADNI_Manuscript_Citations.pdf

Interpretation—Low CSF $A\beta_{1-42}$ (surrogate for $A\beta$ amyloid load) is more closely linked to the presence of APOE $\epsilon 4$ than to clinical status. In contrast, MRI atrophy (surrogate for neurodegeneration) is closely linked with cognitive impairment, whereas its association with APOE $\epsilon 4$ is weaker. The data in this paper support a model of AD in which CSF $A\beta_{1-42}$ is the earliest of the 3 biomarkers examined to become abnormal in both APOE carriers and noncarriers.

Apolipoprotein E (APOE) $\epsilon 4$ is the most important known genetic risk factor for typical late onset Alzheimer disease (AD). The lifetime risk of developing AD is increased and the age of onset of the disease is lowered with increasing number of APOE $\epsilon 4$ alleles.¹⁻⁴ $A\beta_{1-42}$ and tau levels measured in cerebrospinal fluid (CSF) and atrophy seen on magnetic resonance imaging (MRI) are indicators of important disease-related pathological processes in AD. Low CSF $A\beta_{1-42}$ reflects deposition of $A\beta$ in plaques.⁵ High CSF t-tau levels reflect active axonal and neuronal damage.⁶ Atrophy seen on MRI is the direct result of loss of neurons, synapses, and dendritic arborization.⁷ In this paper, we use Structural Abnormality Index (STAND) scores as an indicator of severity of an AD-like pattern of atrophy on structural MRI. STAND scores were developed in our lab to condense the severity and location of AD-related atrophy on the 3-dimensional MRI scan into a single number.⁸

The effect of APOE genotype on neuronal pathology and amyloid load has been studied in autopsy specimens.⁹⁻¹³ Several in vivo CSF $A\beta_{1-42}$ and t-tau studies,¹⁴⁻¹⁷ MRI studies,¹⁸⁻²² and fluorodeoxyglucose-positron emission tomography (PET) imaging studies²³⁻²⁵ have also studied the effect of APOE independently in each of these modalities. The first Alzheimer's Disease Neuroimaging Initiative (ADNI) CSF biomarker study also investigated the effect of APOE on CSF biomarkers, and found that $A\beta_{1-42}$ concentration is lowest in subjects with 2 APOE $\epsilon 4$ alleles and rises as the number of alleles decreases.²⁶ However, there have not been in vivo studies that have investigated the influence of $\epsilon 4$ allele on the surrogates of $A\beta$ amyloid deposition and neuronal pathology together as measured by CSF and MRI in a cohort of subjects that spans the cognitive spectrum.

The main aim of our paper was to evaluate the effect of APOE genotype on biomarkers of $A\beta$ amyloid load and neuronal pathology by answering these questions: (1) How does APOE genotype effect CSF $A\beta_{1-42}$ and t-tau levels and atrophy on MRI within each clinical group? (2) How does APOE genotype affect biomarker discrimination between different clinical groups (cognitively normal [CN], amnesic mild cognitive impairment [aMCI], AD)? (3) How much of the variability in the biomarkers is explained by clinical diagnosis versus APOE genotype? and (4) Does the relationship between continuous measures of cognitive performance and the biomarkers differ by APOE genotype?

Subjects and Methods

The data used in this study are from ADNI, a longitudinal multisite observational study of elderly individuals with CN, aMCI, and AD collected from 56 participating institutes.²⁷ Written informed consent was obtained for participation in these studies, as approved by the institutional review board at each of the participating centers. The details of ADNI can be found at <http://www.ADNI-info.org>

Clinical and Cognitive Assessment

We used Mini Mental State Examination (MMSE)²⁸ and the Clinical Dementia Rating Sum of Boxes (CDR-SB)²⁹ as overall indices of general cognitive performance and global functional status. Baseline clinical diagnosis and cognitive assessments of all 3 clinical groups and clinical/cognitive assessment scores (CDR-SB and MMSE) were considered in this paper. The total sample in this paper consists of 399 subjects (109 CN, 192 aMCI, 98 AD) who had both CSF biomarker data at baseline and usable 1.5T MRI scans (CSF was obtained at baseline in

approximately 51% of the ADNI cohort). Two of the 98 AD subjects were subsequently clinically reclassified as having non-AD dementia (formal thought disorder and Dementia with Lewy bodies). Because reclassification occurred after looking forward in their clinical presentation (beyond baseline), and all subjects do not have the same amount of longitudinal follow-up at this time, we considered these 2 subjects as AD for this analysis to be consistent.

Statistical Analysis

Pair-wise group differences in baseline characteristics and MRI and CSF biomarker measures by APOE genotype and within diagnosis group were tested with a 2-sided Wilcoxon rank sum test or, in the case of gender, a chi-square test. Pair-wise differences in biomarker measures by diagnosis and within APOE genotype were assessed by reporting the area under the receiver operator curves (AUROC) and the corresponding pair-wise Wilcoxon rank sum test p values. The AUROC has the interpretation of the probability of correctly classifying any 2 persons from different clinical groups when the person with the more abnormal biomarker value is assigned to the more abnormal clinical diagnostic category. To test for differences in the proportion of variability in biomarker measures explained by APOE genotype and clinical diagnosis, we generated 95% confidence intervals using bootstrap methods for the difference in R^2 between a model with APOE genotype as the only predictor of biomarker and a model with clinical diagnosis as the only predictor of biomarker.

To assess differences in the relationship between cognition and biomarker by APOE genotype, we fit a linear model for each MRI and CSF biomarker with MMSE, APOE genotype, and their interaction as predictors. We allowed the relationship between MMSE and cognition to be nonlinear using restricted cubic splines. We examined the interaction effect to determine if the MMSE and biomarker relationship was different by APOE genotype. To graphically show the differences, we created z scores for each biomarker with mean of 0 and standard deviation of 1 to put all measures on the same scale. The sign of the CSF $A\beta_{1-42}$ z scores was reversed so that increasing z scores for each biomarker represents the worsening of the biomarker value with disease. We then fit a loss model with MMSE as the predictor of each z score within APOE genotype and plotted the predicted values by MMSE. Because we model the biomarker mean as a smooth function of MMSE using restricted cubic splines, the mean for the biomarker values are estimated at MMSE of 30, MMSE of 29, et cetera. Therefore, these models are not affected by the ceiling effects in MMSE, because there is a sufficient range of MMSE values in the data, as CN, aMCI, and AD subjects are included.

All data manipulation and analysis was performed using SAS version 9.1.3 and R version 2.7.1.

Results

Patient Characteristics

The demographics and clinical summary of CN, aMCI, and AD subjects split by their APOE $\epsilon 4$ status along with the p values are shown in the patient characteristics section of Table 1. As expected, the proportion of $\epsilon 4$ carriers was significantly higher among AD and aMCI than CN. Among aMCI and AD subjects, APOE $\epsilon 4$ carriers tended to be younger than noncarriers, which is consistent with the fact that APOE $\epsilon 4$ allele is associated with earlier onset of the disease. The ages of $\epsilon 4$ carriers and noncarriers were not different among CN subjects. There were no significant differences in the MMSE and CDR-SB among $\epsilon 4$ carriers and noncarriers within each clinical group. MMSE and CDR-SB scaled appropriately by clinical group with CN (least abnormal), and AD (most abnormal) at 2 extremes and aMCI in the middle of the spectrum.

Effect of APOE $\epsilon 4$ Status on Baseline Biomarkers within Each Clinical Group

MRI and CSF biomarker summary statistics along with p values for differences by APOE genotype are presented in the biomarker measurement section of Table 1. Consistent with the recent report by Shaw et al,³⁰ within each clinical group, APOE $\epsilon 4$ carriers had lower CSF $A\beta_{1-42}$ than noncarriers ($p < 0.001$). Among AD subjects, STAND and t-tau levels did not differ by APOE $\epsilon 4$ status. Among aMCI, both STAND and t-tau were higher (more abnormal) among APOE $\epsilon 4$ carriers. Among CN, STAND and t-tau were not significantly different between $\epsilon 4$ carriers and noncarriers.

Box plots of biomarker distributions by number of APOE $\epsilon 4$ alleles within each clinical group are shown in Figure 1. There was a correlation between number of $\epsilon 4$ alleles and $A\beta_{1-42}$ among aMCI subjects ($\rho = -0.42$; $p < 0.001$) and among AD patients ($\rho = -0.50$; $p < 0.001$). In pair-wise comparisons, those with 2 $\epsilon 4$ alleles had significantly lower $A\beta_{1-42}$ than those with just 1 among aMCI subjects ($p = 0.003$) and among AD patients ($p < 0.001$). In contrast, we found no evidence of an APOE $\epsilon 4$ dose effect on either t-tau or STAND among AD patients. On direct pair-wise comparisons, aMCI $\epsilon 4$ homozygotes did not have higher STAND or t-tau values than $\epsilon 4$ heterozygotes ($p > 0.70$ for both). Because the numbers of CN $\epsilon 4$ homozygotes ($n = 2$) was small, $\epsilon 4$ heterozygotes and homozygotes were combined together as $\epsilon 4$ carriers for increased power in analyses examining clinical discrimination by biomarkers within APOE genotype groups and also for plotting the biomarker z score curves versus MMSE by APOE genotype groups.

Biomarker-Based Clinical Group Discrimination within $\epsilon 4$ Carriers and Noncarriers

The AUROC and p values for the pair-wise clinical group discrimination within each of the APOE genotype groups are presented in Table 2. STAND score was significant in separating all the clinical group pairs both within carriers and within noncarriers. Within both $\epsilon 4$ carriers and noncarriers, t-tau was significant in separating all clinical group pairs except aMCI versus AD among $\epsilon 4$ carriers. Within $\epsilon 4$ carriers, CSF $A\beta_{1-42}$ was not significant in separating different clinical group pairs except CN versus AD ($p = 0.03$); however, among noncarriers, CSF $A\beta_{1-42}$ was significant in differentiating CN versus aMCI and CN versus AD, but not aMCI versus AD.

Variability in the Biomarkers Explained by Clinical Diagnosis versus APOE Genotype

R^2 values examining the proportion of the variability in each biomarker value that is explained by clinical diagnosis versus APOE genotype are shown in Table 3. The proportion of the variability in CSF $A\beta_{1-42}$ levels explained by the APOE genotype ($R^2 = 0.28$) was greater than the proportion of the variability in CSF $A\beta_{1-42}$ that was explained by clinical diagnosis ($R^2 = 0.17$). The point estimate of the difference in the proportion of the variability in CSF $A\beta_{1-42}$ explained by the APOE versus clinical diagnosis is 0.11, that is, 11%, and is significant because the 95% confidence interval (CI) does not include zero. There was some evidence that the proportion of the variability in CSF t-tau explained by clinical diagnosis ($R^2 = 0.15$) was slightly higher than the proportion of the variability explained by APOE genotype ($R^2 = 0.08$), but the difference in R^2 was not significant, because the 95% CI included zero. On the other hand, the proportion of the variability in STAND scores explained by the clinical diagnosis ($R^2 = 0.27$) was significantly higher than the proportion of the variability explained by APOE genotype ($R^2 = 0.06$), with the point estimate and 95% CI for the difference in R^2 being 0.21 (0.14 – 0.29).

Effect of APOE $\epsilon 4$ Status on the Relationship between Cognitive Performance and Biomarkers

Biomarker z scores are plotted as a function of MMSE in $\epsilon 4$ carriers as well as noncarriers across the normal to AD cognitive continuum in Figure 2. The plots with the underlying data are shown as a Supplementary Figure 2. The curves relating biomarker values as a function of MMSE differed between APOE $\epsilon 4$ carriers and noncarriers for CSF $A\beta_{1-42}$ ($p = 0.007$) and CSF t -tau ($p = 0.008$) levels, but did not differ for MRI atrophy ($p = 0.151$). Further testing found no relationships between MMSE and CSF $A\beta_{1-42}$ ($p = 0.16$) nor MMSE and CSF t -tau ($p = 0.24$) among $\epsilon 4$ carriers, that is, the slope of the fit is not different from zero.

Discussion

We investigated the effect of APOE $\epsilon 4$ status on brain amyloid load (measured by CSF $A\beta_{1-42}$ levels), neuronal injury (measured by CSF t -tau), and neurodegeneration (measured by atrophy on MRI) across the cognitive continuum. The major findings regarding the effect of APOE genotype on biomarkers were: (1) CSF $A\beta_{1-42}$ is closely linked to APOE genotype, but is less strongly associated with cognitive impairment; (2) in contrast, MRI atrophy is closely linked with cognitive impairment, whereas its association with APOE $\epsilon 4$ is weaker; and (3) of all the biomarkers, MRI retains the strongest relationship with cognitive impairment in the later stages. The other main conclusion from this paper was support for a model where the biomarker for $A\beta$ amyloid deposition (CSF $A\beta_{1-42}$) is the earliest of the 3 biomarkers examined to become abnormal.

We regard imaging and CSF biomarkers as *in vivo* indicators of specific pathologies in AD. Low CSF $A\beta_{1-42}$ is a marker of $A\beta$ amyloid plaque load, and CSF $A\beta_{1-42}$ levels correlate inversely with total $A\beta$ load in the brain.^{5,31} In this study, we found that $A\beta$ amyloid deposition was significantly greater among $\epsilon 4$ carriers within each clinical group, which is consistent with earlier CSF^{14,15,32} and PET amyloid imaging³³ studies. Increased CSF t -tau is a marker of neuronal injury, which correlates well with neurofibrillary tangle (NFT) stage and NFT load.^{5,34} Our results indicate that t -tau does not significantly differ by APOE genotype among CN or AD, which is in agreement with a majority of CSF t -tau studies.^{14,32} Atrophy on structural MRI is a biomarker of neurodegeneration, and it too correlates with Braak NFT stage and quantitative NFT burden.³⁵⁻⁴⁰ However, the most proximate histological correlate of MRI volume loss is loss of synapses and neurons.^{7,41} Our finding of no association of neurodegeneration (as measured by MRI) and APOE genotype among CN or AD subjects is also consistent with some earlier MRI studies.^{18,19,42-44}

Observed Relationships between APOE, Biomarkers, and Baseline Clinical Status

CSF $A\beta_{1-42}$ is low in APOE $\epsilon 4$ carriers in all clinical groups, and therefore our data support the hypothesis that the primary pathological effect of APOE $\epsilon 4$ is to increase $A\beta$ amyloid plaque formation by any of several potential mechanisms, including reducing the efficiency of $A\beta$ clearance.⁴⁵ A plausible model of the development of AD posits that amyloid deposition occurs early in the process but by itself does not directly cause clinical symptoms.⁴⁶⁻⁴⁸ Impaired cognitive performance is largely driven by neurodegeneration, which may be mediated by tau pathology. Based on this evidence, it has been hypothesized that AD pathological cascade is a 2-stage process where amyloidosis and neuronal pathology (tauopathy, neuronal injury, and neurodegeneration) are largely sequential rather than simultaneous processes.^{47,49}

Our data show that MRI correlates more closely with cognitive status than with APOE genotype. Also, there is some evidence that t -tau correlates better with cognitive status than with APOE genotype. Thus, whereas we see significant differences between the CSF $A\beta_{1-42}$ levels of $\epsilon 4$ carriers and noncarriers in all clinical groups, t -tau and MRI values do not differ

significantly between $\epsilon 4$ carriers and noncarriers among CN or AD subjects. In patients with clinically diagnosed AD, the influence of APOE genotype on cognitive decline appears most consistently present in milder patients, and less evident or absent when patients with more advanced cognitive decline are examined.⁵⁰ This is not to say that APOE $\epsilon 4$ is unrelated to indicators of neuronal pathology. When all subjects are combined, APOE $\epsilon 4$ clearly increases the odds that any individual will be more impaired clinically, and have higher t-tau and a higher STAND score. APOE $\epsilon 4$ is not deterministic, in the sense that there are many $\epsilon 4$ carriers who are not demented and many $\epsilon 4$ noncarriers who are demented. In contrast, subjects with highly abnormal STAND values are almost invariably demented, and those with normal STAND are almost invariably cognitively normal regardless of APOE genotype.

There was evidence of lower median age in aMCI $\epsilon 4$ carriers when compared with $\epsilon 4$ noncarriers, which suggests that $\epsilon 4$ carriers might have slightly more cognitive reserve (brain reserve, ie, less age-related atrophy and brain resiliency) when compared with noncarriers. This possibly explains why STAND was worse in aMCI $\epsilon 4$ carriers when compared with $\epsilon 4$ noncarriers, that is, more atrophy in younger subjects brought them to the same cognitive level of less atrophy in older subjects. This along with evidence that MRI atrophy does not differ by APOE $\epsilon 4$ status in CN and AD subjects strengthens the argument that MRI as a marker of the actual stage of neurodegeneration is more closely related to the present clinical status.

Effect of APOE on the Biomarkers across the Alzheimer's Disease Continuum

EFFECT OF APOE ON CSF $A\beta_{1-42}$ —Age of clinical AD onset is lowered by 5 to 10 years in $\epsilon 4$ carriers relative to noncarriers.^{1,51,52} This is supported in our data by the fact that among both AD and aMCI subjects $\epsilon 4$ carriers are younger than noncarriers; that is, carriers reach the same clinical disease stage at a younger age. Our data show that CSF $A\beta_{1-42}$ is lower in $\epsilon 4$ carrier CN subjects relative to noncarriers, and does not differ noticeably between AD/aMCI $\epsilon 4$ carriers and CN $\epsilon 4$ carriers. This can be interpreted to indicate that CSF $A\beta_{1-42}$ has reached a nadir while APOE 4 carrier subjects are still cognitively normal, whereas $A\beta_{1-42}$ falls progressively in $\epsilon 4$ noncarriers from CN to aMCI to AD.

The observed effect of APOE $\epsilon 4$ is to cause a plateau in the CSF $A\beta_{1-42}$ levels early in the clinical disease progression, such that worsening MMSE is not accompanied by worsening CSF $A\beta_{1-42}$. In contrast, in $\epsilon 4$ noncarriers the relationship between CSF $A\beta_{1-42}$ and MMSE remains roughly linear into lower levels of MMSE performance. Both these relationships can be observed in Figure 2. We do acknowledge that the assumption here that APOE $\epsilon 4$ carriers who are currently cognitively normal had normal CSF $A\beta_{1-42}$ at an earlier time in life cannot be proven by our data. However, a recent nonselected all-age autopsy series⁵³ convincingly demonstrates that APOE $\epsilon 4$ does shift the onset of $A\beta$ accumulation to an earlier age relative to noncarriers, with the greatest difference in the plaque load as a function of APOE genotype occurring in the 50-to 59-year age group.

EFFECT OF APOE ON CSF T-TAU—There was no cross-sectional difference in t-tau between aMCI and AD in $\epsilon 4$ carriers presumably with more advanced disease, but t-tau does differ between aMCI and AD in $\epsilon 4$ noncarriers (see Table 2). These data can be interpreted to mean that t-tau increases may have plateaued by the aMCI stage in the more advanced $\epsilon 4$ aMCI carriers, but not in the less advanced $\epsilon 4$ noncarriers. This argument is strengthened by Figure 2B.

EFFECT OF APOE ON MRI ATROPHY—There were cross-sectional differences on MRI between aMCI and AD in both $\epsilon 4$ carriers and noncarriers (see Table 2), and the variability in STAND scores is largely driven by cognitive status and less by APOE genotype (see Table 3). These data can be interpreted to indicate that, unlike t-tau, brain atrophy does not plateau by

the aMCI stage even in the more advanced $\epsilon 4$ carriers, and hence MRI retains its close relationship with clinical status later into the clinical disease progression than t-tau. The evidence for this can also be seen in Figure 2, where the relationship between MMSE and STAND scores remains linear across the cognitive spectrum in both $\epsilon 4$ carriers and noncarriers.

TEMPORAL ORDERING OF BIOMARKERS—Although biomarker assessments were obtained only at baseline in this study, we found evidence for a temporally ordered sequencing of CSF $A\beta_{1-42}$, CSF t-tau, and MRI. The specific findings in this study support the comprehensive model of AD proposed earlier.^{47,54} The main observed effect of APOE genotype was to shift the entire AD biomarker cascade toward younger age, which results in an earlier onset of AD in $\epsilon 4$ carriers.

An important point is that the aMCI group is heterogeneous. Based on prior studies, some of these individuals simply have poor memory performance and will never progress to dementia, whereas others will go on to develop clinical AD. Some (particularly $\epsilon 4$ noncarriers) likely have substrates for cognitive impairment other than AD, for example, vascular disease or Lewy body disease. Many likely have a mixture of pathologies including but not confined to AD.^{55,56}

There are some limitations to the study. First, the ADNI cohort is not a population-based cohort. The recruitment mechanisms were those used for clinical trials in AD, and included memory clinics, patient registries, public media campaigns, and other forms of public advertisements. Consequently inferences about the diagnostic sensitivity and specificity of biomarkers in the general population cannot be drawn from ADNI data. However, biologically based conclusions concerning the effect of APOE genotype on AD biomarkers are valid.

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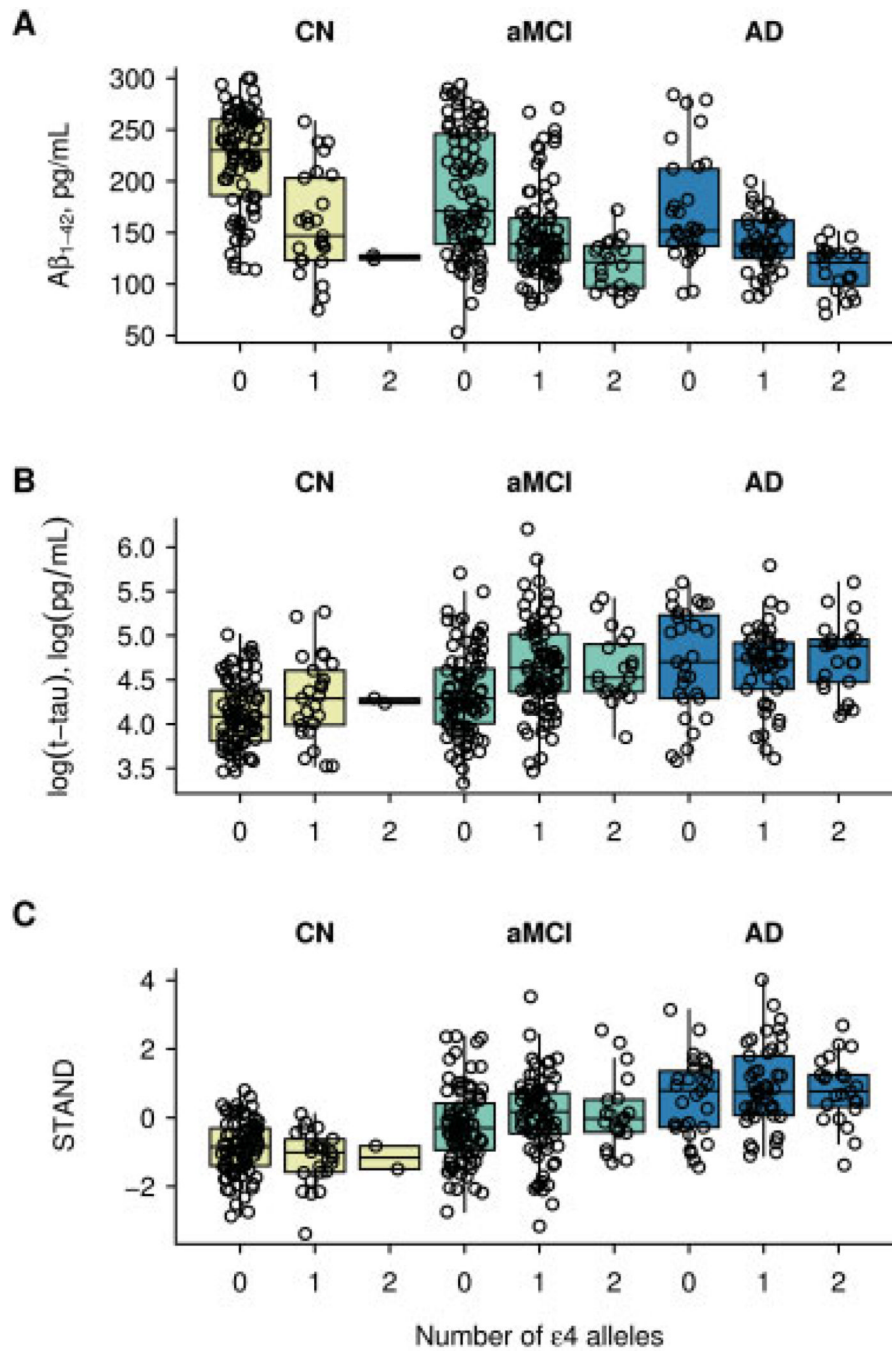
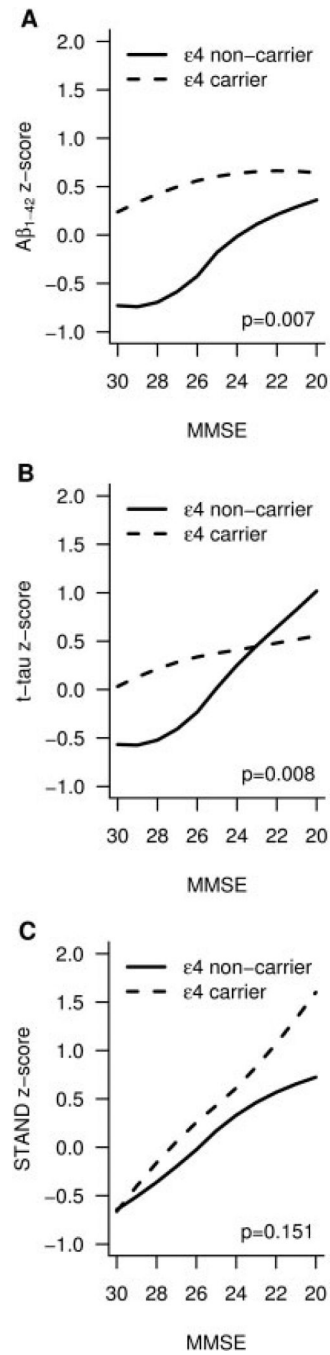


FIGURE 1. Box plots of Aβ₁₋₄₂, log (t-tau) and Structural Abnormality Index (STAND) score distributions by apolipoprotein E ε4 dose effect within each clinical group. Larger STAND and cerebrospinal fluid tau values are more abnormal, whereas lower Aβ₁₋₄₂ values are more abnormal. CN = normal cognition; aMCI = amnesic mild cognitive impairment; AD = Alzheimer disease.

**FIGURE 2.**

Smoothed biomarker z score curves plotted as a function of cognitive performance (Mini Mental State Examination [MMSE]) across the Alzheimer disease continuum in apolipoprotein E $\epsilon 4$ carriers and noncarriers. STAND = Structural Abnormality Index.

TABLE 1
Patient Characteristics at the Time of the MRI Scan by Diagnosis and APOE Genotype

Characteristics	CN			aMCI			AD		
	ε4 Noncarriers	ε4 Carriers	<i>p</i>	ε4 Noncarriers	ε4 Carriers	<i>p</i>	ε4 Noncarriers	ε4 Carriers	<i>p</i>
Number of subjects	82	27		89	103		29	69	
Women, No. (%)	43 (52)	9 (33)	0.13	24 (27)	40 (39)	0.11	13 (45)	28 (41)	0.87
Age, yr	74 (71, 78)	77 (72, 78)	0.34	76 (72, 82)	74 (69, 78)	0.02	79 (72, 82)	75 (70, 80)	0.09
Education, yr	16 (14, 18)	16 (14, 18)	0.99	16 (14, 18)	16 (14, 18)	0.45	16 (14, 18)	16 (12, 17)	0.12
CDR-SB	0 (0, 0)	0 (0, 0)	0.19	2 (1, 2)	2 (1, 2)	0.76	4 (3, 4)	4 (4, 5)	0.21
MMSE	29 (29, 30)	29 (28, 30)	0.41	27 (25, 28)	27 (25, 28)	0.71	24 (22, 25)	24 (22, 25)	0.88
Baseline MRI and CSF measurements									
Aβ ₁₋₄₂ , pg/mL	230 (189, 260)	142 (124, 190)	<0.001	171 (139, 246)	137 (115, 154)	<0.001	152 (137, 212)	131 (111, 149)	<0.001
t-Tau, pg/mL	60 (45, 80)	73 (54, 95)	0.13	73 (55, 102)	101 (78, 146)	<0.001	110 (73, 187)	115 (87, 142)	0.70
STAND score	-0.9 (-1.4, -0.3)	-1.0 (-1.6, -0.7)	0.11	-0.3 (-0.9, 0.4)	0.1 (-0.4, 0.7)	0.02	0.8 (-0.3, 1.4)	0.8 (0.3, 1.4)	0.37

Continuous measures reported as median (interquartile range), *p* Values are based on Wilcoxon rank sum test except in the case of gender, where *p* values are based on chi-square tests. The proportion of APOE ε4 carriers is lower among CN than aMCI (*p* < 0.001), CN than AD (*p* < 0.001), and aMCI than AD subjects (*p* < 0.009).

MRI = magnetic resonance imaging; APOE = apolipoprotein E; CN = cognitively normal; aMCI = amnesic mild cognitive impairment; AD = Alzheimer disease; CDR-SB = Clinical Dementia Rating Sum of Boxes; MMSE = Mini Mental State Examination; CSF = cerebrospinal fluid; STAND = Structural Abnormality Index.

TABLE 2

Clinical Discrimination within APOE Genotype Groups

Biomarkers	CN vs aMCI		CN vs AD		aMCI vs AD	
	AUROC	<i>p</i>	AUROC	<i>p</i>	AUROC	<i>p</i>
<i>Aβ</i> ₁₋₄₂						
ε4 noncarriers	0.67	<0.001	0.75	<0.001	0.57	0.28
ε4 carriers	0.58	0.20	0.64	0.03	0.56	0.19
<i>t</i> -Tau						
ε4 noncarriers	0.63	0.003	0.78	<0.001	0.68	0.003
ε4 carriers	0.71	<0.001	0.75	<0.001	0.55	0.25
STAND score						
ε4 noncarriers	0.68	<0.001	0.84	<0.001	0.70	0.001
ε4 carriers	0.84	<0.001	0.95	<0.001	0.69	<0.001

p Values are based on Wilcoxon rank sum test.

APOE = apolipoprotein E; CN = cognitively normal; aMCI = amnesic mild cognitive impairment; AD = Alzheimer disease; AUROC = area under the receiver operator curve; STAND = Structural Abnormality Index.

TABLE 3

Summary of R^2 Values Examining the Proportion of the Variability in Each Biomarker Value That Is Explained by Dx versus APOE Genotype

Biomarkers	Clinical Diagnosis R^2	APOE $\epsilon 4$ Dose R^2	Dx vs APOE $\epsilon 4$ Dose Difference in R^2
$A\beta_{1-42}$ ^a	0.17	0.28	-0.11 (-0.19,-0.02)
log (t-tau)	0.15	0.08	0.07 (-0.01,0.13)
STAND score	0.27	0.06	0.21 (0.14,0.29)

Differences between the proportion of the variability explained by Dx versus APOE genotype with 95% bootstrap confidence interval around the point estimate of R^2 is also shown.

Dx = clinical diagnosis; APOE =apolipoprotein E; STAND = Structural Abnormality Index.

^aFor example, 17% of the variability in the cerebrospinal fluid (CSF) $A\beta_{1-42}$ is explained by clinical diagnosis versus 28% by the APOE $\epsilon 4$ dose. The point estimate of the difference in the proportion of the variability in CSF $A\beta_{1-42}$ that is explained by the APOE versus clinical diagnosis is 11%, and is significant because the 95% confidence interval does not include zero.